

**PhD in Counseling with a Specialization in Marriage and Family Therapy
(COAMFTE MFT Curriculum)**

Required Quarter Credits: 93 (Equivalent to 62 Semester Credits)	
Course Titles	Credits
ACA 1: Advanced Research	
CFT 9000: PhD Research Methods I: Quantitative Research	4.5
CFT 9100: PhD Research Methods II: Qualitative Research	4.5
CFT 9200: PhD Research Publication Writing & Grant Writing	4.5
CFT 9600: PhD Dissertation I	4.5
CFT 9600: PhD Dissertation II	4.5
CFT 9600: PhD Dissertation III	4.5
CFT 9600: PhD Dissertation IV	4.5
ACA 2: Advanced Relational/Systemic Clinical Theory	
CFT 8700: Advanced Marriage and Family Therapy	4.5
IRT 8100: Advanced Couple Relationship Therapy Theory and Training: Imago Relationship Therapy	4.5
HST 8100: Human Sexuality Education II	4.5
ACA 3: Advanced Relational/Systemic Applications to Contemporary Challenges	
CFT 9700: MFT Professional Practice and Applications to Contemporary Challenges	4.5
CFT 7900B: Practicum in Couples and Family Therapy	9
1. 200 Clinical hrs (75 hrs of Relational Cases) 2. 70 Supervision hours <ul style="list-style-type: none"> • 35 hours: Raw data at least (e.g., audio, video, etc.) • Group Supervision: Up to 8 people, Individual Supervision: Up to 2 people 	
ACA 4: Foundations of Relational/Systemic Teaching, Supervision, Consultation &/or Leadership	
CFT 9800: Supervision of Supervision (Supervisor Training)	4.5
CFT 9900: Professional Development Seminar	3
Advanced Practical Experience	

CFT 9810: Supervision Practicum	4.5
CFT 9500: PhD Research Colloquium	4.5
Electives	18
Total Credits	
*However, if you enter the COAMFTE doctoral program without completing the COAMFTE master's course, you must additionally conduct the COAMFTE MFT master's required courses and clinical training.	93

COAMFTE Required Courses	Credits
* However, if you enter the COAMFTE doctoral program without completing the COAMFTE master's course, you must additionally conduct the COAMFTE MFT master's required courses and clinical training.	
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6050: Clinical Research and Evaluation	4.5
CFT 6060: Psychopathology: Principles of the Diagnostic Process	4.5
CFT 6300: Diversity and Multicultural Counseling	4.5
CFT 7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
CFT 6040: Group Therapy Process and Techniques	4.5
CFT 6030: Couples Relationship Therapy	4.5
CFT 6600: Law, Professional Ethics, and Community Practice	4.5
HST 6000: Human Sexuality Education I	4.5
CFT 6090: Human Growth and Family Development Across the Life Span	4.5
Clinical Requirement	
CFT 7900B: Practicum in Couples and Family Therapy	18
CFT 7900A: Practicum in Couples and Family Therapy	4.5
1. 300 Clinical hrs (100 hrs of Relational Cases) 2. 100 Supervision hours)	

<ul style="list-style-type: none"> • 50 hours: Raw data at least (e.g., audio, video, etc.) • Group Supervision: Up to 8 people, Individual Supervision: Up to 2 people 	
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PhD in Counseling with a Specialization in Marriage and Family Therapy (General MFT Curriculum)

Required Quarter Credits: 93 (Equivalent to 62 Semester Credits)	
Course Titles	Credits
PhD Counseling Program Core Courses	
CFT 9000: PhD Research Methods I	4.5
CFT 9100: PhD Research Methods II	4.5
CFT 9200: PhD Research Publication Writing & Grant Writing	4.5
CFT 9500: PhD Research Colloquium	4.5
CFT 9600: PhD Dissertation I	4.5
CFT 9600: PhD Dissertation II	4.5
CFT 9600: PhD Dissertation III	4.5
CFT 9600: PhD Dissertation IV	4.5
PhD Specialization Core Courses	
CFT 8700: Advanced Marriage and Family Therapy	4.5
CFT 9800: Supervision of Supervision (Supervisor Training)	4.5
IRT 8100/7100: Foundations of Imago Relationship Therapy	4.5
CFT 8600/6040: Group Therapy Process and Techniques	4.5
HST 8000/6000: Human Sexuality Education I	4.5
CFT 9700/7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5

CFT 8600/6600: Law, Professional Ethics, and Community Practice	4.5
Clinical Requirement	
CFT 7900B: Practicum in Couples and Family Therapy	9 (2)
1. 100 Clinical hrs (50hrs of Relational Cases) 2. 50 Supervision hours • 25 hours: Raw data at least (e.g., audio, video, etc.)	
PhD Seminar General Electives	16.5
Total Credits *However, if you are admitted without a master's degree in MFT or counseling in the United States, you must additionally complete 5 required courses at Daybreak University for the master's degree in counseling and conduct clinical training. * CFT 9200: If your thesis has been published in an American or Korean academic journal, or in a journal of couple and family counseling, you can substitute another elective course.	93

MAC Program Core Courses	
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6030: Couples Relationship Therapy	4.5
CFT 6300: Diversity and Multicultural Counseling	4.5
CFT 9400: Inner Child Therapy	4.5
CFT 7900A: Advanced Practicum in Couples and Family Therapy	4.5
Clinical Requirement	
1. 100 Clinical hrs (50hrs of Relational Cases) 2. 50 Supervision hours • 25 hours: Raw data at least (e.g., audio, video, etc.) 3. A minimum of 9 quarter credits of supervised internship coursework	

PhD in Counseling with a Specialization in Imago Relationship Therapy (IRT)
(IRT Curriculum)

<p>Required Quarter Credits: 93 (Equivalent to 62 Semester Credits)</p>
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Course Titles	Credits
PhD Counseling Program Core Courses	
CFT 9000: PhD Research Methods I	4.5
CFT 9100: PhD Research Methods II	4.5
CFT 9200: PhD Research Publication Writing & Grant Writing	4.5
CFT 9500: PhD Research Colloquium	4.5
CFT 9600: PhD Dissertation I	4.5
CFT 9600: PhD Dissertation II	4.5
CFT 9600: PhD Dissertation III	4.5
CFT 9600: PhD Dissertation IV	4.5
PhD Specialization Core Courses	
CFT 9800: Supervision of Supervision (Supervisor Training)	4.5
IRT 9400: Advanced Imago Relationship Therapy Training	4.5
IRT 9300: Advanced Imago Relationship Therapy Training	4.5
IRT 8200/7200: Advanced Imago Relationship Therapy Training I	4.5
IRT 8100/7100: Foundations of Imago Relationship Therapy	4.5
IRT 8600: Relationology	3
HST 8000/6000: Human Sexuality Education I	4.5
CFT 9700/7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
CFT 8040/6040: Group Therapy Process and Techniques	4.5
CFT 8600/6600: Law, Professional Ethics, and Community Practice	4.5
Elective	4.5
Clinical Requirement	

CFT 7900B: Practicum in Couples and Family Therapy	9
<p>1. 100 Imago Relationship Therapy Clinical hours) : A minimum number of 100 hours of face-to-face experience therapy with couples, families, or groups.</p> <p>2. 50 Supervision hours</p> <ul style="list-style-type: none"> • 25 hours: Raw data at least (e.g., audio, video, etc.) 	
<p style="text-align: center;">Total Credits</p> <p>*However, if you are admitted without a master's degree in counseling in the United States, you must additionally complete 5 required courses at Daybreak University for the master's degree in counseling and conduct clinical training.</p> <p>* CFT 9200: If your thesis has been published in an American or Korean academic journal, or in a journal of couple and family counseling, you can substitute another elective course.</p>	93

Additional Master's Courses	
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6030: Couples Relationship Therapy	4.5
CFT 6300: Diversity and Multicultural Counseling	4.5
CFT 9400: Inner Child Therapy	4.5
CFT 7900A: Advanced Practicum in Couples and Family Therapy	4.5
Clinical Requirement	
<p>1. 100 Imago Relationship Therapy Clinical hours : A minimum number of 100 hours of face-to-face experience therapy with couples, families, or groups.</p> <p>2. 50 Supervision hours</p> <ul style="list-style-type: none"> • 25 hours: Raw data at least (e.g., audio, video, etc.) <p>3. A minimum of 9 quarter credits of supervised internship coursework</p>	

PhD in Counseling with a Specialization in Human Sexuality and Sex Therapy (HST)
(HST Curriculum)

Required Quarter Credits: 93 (Equivalent to 62 Semester Credits)

Course Titles	Credits
PhD Counseling Program Core Courses	
CFT 9000: PhD Research Methods I	4.5
CFT 9100: PhD Research Methods II	4.5
CFT 9200: PhD Research Publication Writing & Grant Writing	4.5
CFT 9500: PhD Research Colloquium	4.5
CFT 9600: PhD Dissertation I	4.5
CFT 9600: PhD Dissertation II	4.5
CFT 9600: PhD Dissertation III	4.5
CFT 9600: PhD Dissertation IV	4.5
PhD Specialization Core Courses (31.5)	
CFT 9800: Supervision of Supervision (Supervisor Training)	4.5
HST 9500: Advanced Human Sexuality and Sex Therapy Supervision	4.5
HST 8000/6000: Human Sexuality Education I	4.5
HST 8100/6100: Human Sexuality Education II	4.5
HST 8200: Sexual Attitude Reassessment (SAR)	1.5
HST 8300: Human Sexuality and Sex Therapy Training	4.5
HST 8350: Human Sexuality and Sex Therapy Training	3
IRT 8100/7100: Advanced Couple Relationship Therapy Theory and Training	4.5

CFT 9700/7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
CFT 8600/6040: Group Therapy Process and Techniques	4.5
CFT 8600/6600: Law, Professional Ethics, and Community Practice	4.5
Elective	4.5
Clinical Requirement	
CFT 7900B: Practicum in Couples and Family Therapy	9
<ol style="list-style-type: none"> 1. 100 Sex Therapy Clinical hours) : A minimum number of 100hours of face-to-face experience therapy with couples, families, or groups. 2. 50 Supervision hours <ul style="list-style-type: none"> • 25 hours: Raw data at least (e.g., audio, video, etc.) 	
Total Credits	
<p>*However, if you are admitted without a master's degree in counseling in the United States, you must additionally complete 5 required courses at Daybreak University for the master's degree in counseling and conduct clinical training.</p> <p>* CFT 9200: If your thesis has been published in an American or Korean academic journal, or in a journal of couple and family counseling, you can substitute another elective course.</p>	93

Additional Master's Courses	
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6030: Couples Relationship Therapy	4.5
CFT 6300: Diversity and Multicultural Counseling	4.5
CFT 9400: Inner Child Therapy	4.5
CFT 7900A: Advanced Practicum in Couples and Family Therapy	4.5
Clinical Requirement	
<ol style="list-style-type: none"> 1. 100 Sex Therapy Clinical hours : A minimum number of 100hours of face-to-face experience therapy with couples, families, or groups. 2. 50 Supervision hours <ul style="list-style-type: none"> • 25 hours Raw data at least (e.g., audio, video, etc.) 3. A minimum of 9 quarter credits of supervised internship coursework 	

Ph.D. General Electives

No.	Course Titles	Credits
1	CFT 6300: Diversity and Multicultural Counseling	4.5
2	CFT 6050: Clinical Research and Evaluation * Recommended to doctoral students who need the basic knowledge of research	4.5
3	CFT 6060: Psychopathology: Principles of the Diagnostic Process	4.5
4	IRT 7200: Advanced Imago Relationship Therapy	4.5
5	CFT 6030: Couples Relationship Therapy	4.5
6	HST 6100: Human Sexuality Education II	4.5
7	CFT 6070: Psychopharmacology	4.5
8	CFT 6080: Assessment, Appraisal, and Psychological Testing	4.5
9	CFT 6090: Human Growth and Family Development Across the Life Span	4.5
10	CFT 6100: Child, Partner, and Elder/Dependent Abuse Assessment and Intervention	4.5
11	CFT 6200: Community Mental Health Counseling	4.5
12	CFT 6500: Chemical Dependency and Addiction Counseling	4.5
13	CFT 6600: Law, Professional Ethics, and Community Practice	4.5
14	CFT 6700: Trauma and Collaborative Care	4.5
15	CFT 7900B: Practicum in Couples and Family Therapy *Course may be repeated for credit.	4.5
16	IRT 8600: Relationology	3
17	CFT 9250: Self of the Therapist	4.5
18	CFT 9300: Spirituality and Psychotherapy	4.5
19	CFT 9400: Inner Child Therapy	4.5
20	CFT 9450: Carl Rogers Seminar	4.5