

## License Requirements

The California Board of Behavioral Sciences (BBS) has determined that our university's MAC program with the Specialization in MFT meets the statutory requirements for Licensed Marriage and Family Therapist. The program is designed to lead to positions in a profession, occupation, trade or career field requiring Licensure in Marriage and Family Therapist (LMFT) in California.



Eligibility for Licensure as Licensed Marriage and Family Therapist (LMFT):

1. Obtain a Qualifying Master's Degree
2. Register as an AMFT
3. Live Scan
4. Pass Criminal Background Check
5. Take and pass the California Law and Ethics Exam
6. Accrue Supervised Experience
7. Take and Pass the LMFT Clinical Exam
8. Obtain official LMFT license

The BBS's website (<https://www.bbs.ca.gov/applicants/lmft.html>) provides additional information regarding all requirements for students to be eligible for licensure in this state.

## Portability of Degree

The Daybreak University MA in Counseling with a Specialization in Marriage and Family Therapy (MFT) follows licensure requirements set by the Board of Behavioral Sciences (BBS) in California. The BBS has determined that our Daybreak University's MA MFT program meets the statutory requirements for Licensed Marriage and Family Therapist [California Business and Professions Code (BPC) §4980.36.]

\*The MA and PhD MFT programs is currently pursuing the COAMFTE (Commission on Accreditation for Marriage and Family Therapy Education) accreditation so the programs follow the COAMFTE educational and clinical requirements.

### **MA in Counseling with a Specialization in Marriage and Family Therapy**

**FCA 1: Foundations of Relational/Systemic Practice, Theories & Models (Minimum of 6 semester credits/8 quarter credits. 90 clock hours)** [CFT 6010: Foundations of Couples and Family Therapy; CFT 7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST]

**FCA 2: Clinical Treatment with Individuals, Couples and Families (Minimum of 6 credits/8 quarter credits/90 clock hours)** [CFT 6030: Couples Relationship Therapy; HST 6000: Human Sexuality Education I]

**FCA 3: Diverse, Multicultural and/or Underserved Communities (Minimum of 3 Credits/4 quarter credits/45 clock hours)** [CFT 6300: Diversity and Multicultural Counseling]

**FCA 4: Research & Evaluation (Minimum of 3 Credits/4 quarter credits/45 clock hours)** [CFT 6050: Clinical Research and Evaluation]

**FCA 5: Professional Identity, Law, Ethics & Social Responsibility (Minimum of 3 Credits/4 quarter credits/45 clock hours)** [CFT 6600: Law, Professional Ethics, and Community Practice]

**FCA 6: Biopsychosocial Health & Development Across the Life Span (Minimum of 3 Credits/4 quarter credits/45 clock hours)** [CFT 6090: Human Growth and Family Development Across the Life Span]

**FCA 7: Systemic/Relational Assessment & Mental Health Diagnosis and Treatment (Minimum of 3 Credits/4 quarter credits/45 clock hours)** [CFT 6060: Psychopathology: Principles of the Diagnostic Process]

**FCA 8: Contemporary Issues** [CFT 6300: Diversity and Multicultural Counseling]

**FCA 9: Community Intersections & Collaboration** [CFT 6040: Group Therapy Process and Techniques]

**FCA 10: Preparation for Teletherapy Practice** [CFT 7900: Practicum in Couples and Family Therapy]

**Additionally Required Courses for California MFT licensure** [CFT 6020: Advanced Marriage and Family Therapy; CFT 6070: Psychopharmacology; CFT 6080: Assessment, Appraisal, and Psychological Testing; CFT 6100: Child, Partner, and Elder/Dependent Abuse Assessment and Intervention; CFT 6200: Community Mental Health Counseling; CFT 6500: Chemical Dependency and Addiction Counseling; CFT 6700: Trauma and Collaborative Care]

**Supervised internship** of at least 300 hours of direct client contact, of which 100 hours shall be with couples and families along with 100 Supervision hours. [CFT 7900: Practicum]

### **Ph.D. in Counseling with a Specialization in Marriage and Family Therapy**

**ACA 1: Advanced Research** [CFT 9000: PhD Research Methods I: Quantitative Research; CFT 9100: PhD Research Methods II: Qualitative Research; CFT 9200: PhD Research Publication Writing & Grant Writing; CFT 9600: PhD Dissertation I; CFT 9600: PhD Dissertation II; CFT 9600: PhD Dissertation III; CFT 9600: PhD Dissertation IV]

**ACA 2: Advanced Relational/Systemic Clinical Theory** [CFT 8700: Advanced Marriage and Family Therapy; IRT 8100: Advanced Couple Relationship Therapy Theory and Training: Imago Relationship Therapy; HST 8100: Human Sexuality Education II]

**ACA 3: Advanced Relational/Systemic Applications to Contemporary Challenges** [CFT 9700: MFT Professional Practice and Applications to Contemporary Challenges; CFT 7900: Practicum in Couples and Family Therapy]

**ACA 4: Foundations of Relational/Systemic Teaching, MFT Relational/Systemic Supervision, Consultation, and/or Leadership** [CFT 9800: Supervision of Supervision (Supervisor Training); CFT 9900: Professional Development Seminar]

- **Supervised internship** of at least 200 hours of direct client contact, of which 75 hours shall be with couples and families along with 70 Supervision hours. [CFT 7900: Practicum]

\* If students enter the Doctoral Program without completing the COAMFTE Master's courses they must additionally conduct the COAMFTE MFT Master's required clinical hours (300 clinical hours with 100 supervision hours).

**Advanced Practical Experience** [CFT 9810: Supervision Practicum; CFT 9500: PhD Research Colloquium]

In accordance with the program's educational outcomes, and in order to complete the requirements of the Advanced Practical Experience, MFT doctoral students must demonstrate competence in at least two of the following areas:

- Research & Scholarship: Application of qualitative or quantitative research methods and writing skills to produce presentations and publications. This does not include dissertation research.
- MFT Supervision: Supervise trainees and receive supervision mentoring to become an AAMFT Approved Supervisor.
- Teaching: Take major responsibility for teaching undergraduate or graduate students in courses related to marriage and family therapy.
- Grant Writing: Take major responsibility for writing a research or service delivery grant in a supervised work setting.
- Clinical Practice: Obtain direct clinical contact hours with individuals, couples, and families. All client contact must be supervised. Students may begin the clinical hours in their third term and complete required clinical hours with supervision following.