

## CURRICULUM VITAE

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### Employment History

Director of Expressive Arts Training Institute, Trainer of a National Certification Program in Expressive Arts Therapy (220 hours) and Advanced Trainings (120 hrs.) Teaching Week-Ends in California, Washington State, Oregon, Arizona, Colorado, Texas and New Mexico 9/86 - present.

Private Practice in Newport Beach, February 1982 to present.

I do group workshops and seminars and see individual clients, couples and families.

Art Therapist, Mental Health Collective (Comprehensive, Integrative and Evidence-Based Mental Health Treatment Program), Newport Beach, Ca. 6/19 - 6/20.

Art Therapist, Cognitive Behavioral Therapy Group Facilitator, Meditation Teacher & Therapist for FRP Program, Orange County Pain and Wellness Center, Santa Ana, Ca. 9/10 – 3/20.

Art Therapist at Balboa Horizons, Recovery Center, Costa Mesa, Ca., Working with men and women (18-35) in 90 day program. 9/14 - 1/17

Faculty/Mentor at International University of Professional Studies. Carlsbad, Ca. 9/08 to present.

Expressive Arts Therapist at Adelante Recovery and Treatment Center. Newport Beach, Ca. Summer 2008.

Core Faculty at San Diego University of Integrative Studies, California. Director/Professor of Expressive Arts Therapies Courses and Programs from Bachelor's through Doctoral Level and facilitator of Community Special Events. Courses have included: Foundations Of Expressive Therapy; Expressive Techniques in Family Therapy; Psychodrama, Ritual and Performance; Fundamentals of Music Therapy; Language, Poetry, Myth and Folklore Therapy; Sandtray and World Play; Practicum in Expressive, Creative Therapy. Designed the curriculum for the Master's & Doctoral programs which received State Approval in January, 1998. Fall 1991 – 2005.

Faculty at Union Institute, assisting students in attaining their Ph.D.'s. 9/91 to present. Through Newport Harbor Hospital, I led Adolescent Survivor, Grief and General Support Groups in the High Schools in Huntington Beach. January 1991 to June 1992.

Art and Music Therapist (led groups of Adults and Adolescents) being treated for Chemical Dependency and Other Psychiatric Disorders at CPC Laguna Hills Hospital from November, 1988 through April, 1989.

Led Workshops and Counseled Individuals at South Orange County Regional Counseling Agency in Irvine, Ca. 3/80 2/82 (As Internship)  
Taught High School English - Philadelphia, Pa. and Newport Beach, Ca. 9/70 - 6/75

### Formal Education

International College, Ph.D. in Transformational Psychology - Los Angeles, Callifornia 12/82 - 5/85

Transpersonal Psychology & Expressive Arts Therapy Certification Program - Los Angeles 12/82 -12/84

California State University, Fullerton, M.S. Degree in Counseling Psychology-Fullerton,Ca. 9/76 - 5/79

Temple University, B.S. Degree in Secondary Education, Philadelphia, Pa.  
Communications Major; English, Speech and Theater 9/68 -1/71

### Expressive Arts - Key Accomplishments

Creator/Director/Keynote Presenter. Treasures of the Imagination: An Expressive Arts Conference. Delivered the Opening and Closing at the Conference; "Discovering Hidden Treasure: The Quest of the Imagination" and "The Treasures We Take Home" in Newport Beach, Ca.10/5-8, 2006

Keynote Presenter at the Inauguration of the "Guam International Expressive Arts Therapy Institute" "Promoting The Expressive Arts In Health, Education and Wellness" Led workshops for Veterans, Artists, Adolescents and a Week-end Conference for Professionals, Artists and Community Members. Guam, 1/2004.

Art Gallery Showing of my own and student work in Expressive Arts Therapy at the Laguna Beach Summer Festival, 89

Published 3 Journal-Poetry Books, 3/81, 5/83 and 5/85

Exhibited Water-Color and Ink Paintings at City of Irvine Show, 10/81

Received Honorable Mention in the American Song Festival for an Original Song, 8/80

### Professional Licenses / Certification / Registration

Marriage, Family and Child Therapist - M.F.T. (ME16867) 2/82

Certified Expressive Therapist - C.E.T. National Expressive Therapy Association 5/85 Registered

Expressive Arts Therapist - R.E.A.T. International Expressive Arts Therapy Association 1/98

Completed Dr. Gabor Mate's Compassionate Inquiry Year-Long Trauma Recovery Training 8/2021 and Mentorship Program 2/2022

Professional Organizations

International Expressive Arts Therapy Association (Founding Member) Board Member 98 - 00;  
Professional Member 93 to present.

National Expressive Therapy Association - Distinguished Fellow 85 - 06

California Association of Marriage and Family Therapists 82 to present.