

**Monica J. Lee, Ph.D., LPC, LMFT**  
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## **EDUCATION**

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| 2021 | Ph.D. | Counseling in Marriage and Family Therapy<br>Daybreak University, Los Angeles, California |
| 2012 | M.S.  | Clinical Professional Counseling<br>Loyola University Maryland, Columbia, Maryland        |
| 2006 | M.Ed. | Educational Psychology<br>George Mason University, Fairfax, Virginia                      |
| 1991 | B.S.  | Family Studies<br>Seoul National University, Seoul, South Korea                           |

## **PROFESSIONAL WORK EXPERIENCE**

### **Academic Position**

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| <b>2021 – present</b> | <b>Professor</b><br><i>Department of Marriage and Family Therapy &amp; Imago Relationship Therapy<br/>Daybreak University, Anaheim, CA</i> <ul style="list-style-type: none"><li>• Co-teachings several graduate level classes</li><li>• Provide simultaneous translation (Korean – English)</li><li>• Facilitate study &amp; consulting group for Korean students</li></ul> |
| <b>2016 – 2018</b>    | <b>Adjunct Professor</b><br><i>Department of Family Studies, undergraduate program,<br/>Washington University of Virginia, VA</i> <ul style="list-style-type: none"><li>• Teach/Advise undergraduate students</li><li>• Develop new undergraduate level courses and participate curriculum committee</li></ul>   |

### **Clinical Experience**

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| Jan. 2021 – present | <b>Clinical Director &amp; Supervisor</b><br><i>Couple &amp; Family Therapy Training and Counseling Center<br/>Daybreak University, Los Angeles, CA</i> <ul style="list-style-type: none"><li>• Serve as a clinical supervisor, including practicum courses and individual/group supervision</li><li>• Responsible for training, developing, and supervising interns in accordance with the center policies and practice</li></ul> |
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- Responsible to provide individual/couple/family therapy to community members
- 2018 – present      **Mental Health Counselor & Clinical Supervisor**  
*Private Practice (Monica Lee Counseling, Inc.) in Fairfax, VA*
- Provide individual, couple and family therapy to adult and teenagers
  - Provide supervision to counseling interns and resident
- 2018 – present      **Clinical Supervisor**  
*Korean Community Service Center, Annandale, VA*
- Provide supervision to counseling interns and resident
- 2012 –2017      **Executive Director, Counselor & Clinical Supervisor**  
*Family Counseling Center of Greater Washington, Vienna, VA*
- Provide supervision to counseling interns and resident
  - Developed and implemented treatment plans and modified when needed
  - Provide individual, couple and family counseling to adult and teenagers
  - Develop and provide monthly psychoeducation sessions, couples and family workshop (yearly), support groups, group therapy, parenting classes and various educational seminars.
- 2011 – 2012      **Intern Counselor**  
*St. Luke's House, Bethesda, MD*
- Working with individuals who suffer from serious mental illness, such as bipolar, schizophrenia and schizoaffective disorders; clinical evaluation and case management during individual counseling; med-monitoring at 24/7 Fenton House, crisis center; assisting a licensed therapist in group therapy.
- 2009 – 2011      **Intern Counselor**  
*Korean American Family Counseling Center , Vienna, VA*
- Responsible to provide individual/couple/family therapy to community members, especially Korean-American community in Greater Washington Met. Area.

**Licensure, Certification & Training**

- Licensed Professional Counselor (LPC), Commonwealth of Virginia
- Licensed Marriage and Family Therapist (LMFT), Commonwealth of Virginia
- Licensed Professional Clinical Counselor (LPCC), California
- Approved Clinical Supervisor, Commonwealth of Virginia
- AAMFT Approved Supervisor Candidate
- Certified Imago Relationship Therapist (CIRT)
- Associate Faculty of International Imago Training Institute (IITI)
- Cognitive Behavioral Therapy (CBT), Training Certificate
- Sex Therapy, Training (150 hours) Certificate

### **Professional Memberships**

2020 – present	Imago Relationship North America (IRNA), Gold member
2021 – present	The American Association of Sexuality Educators, Counselors and Therapist (ASSECT)
2021 – present	Association of American Marriage and Family Therapy (AAMFT)
2014 – 2020	National Board of Certified Counselor
2010 – 2017	American Counseling Association (ACA)

### **PUBLICATION**

#### **Book**

2017	Counseling essay book, <Dear Son, It's OK to take a break> in Korean
2012 – present	Counseling Columns (biweekly) in local Korean Newspaper (DC area & LA)

#### **Journal Article**

Lee, M., Ko, M. J., Kim, H. J., & Oh, J. E. (2022). Impact of family-of-origin experience on therapist's couple relationship, *Journal of Couples and Family Counseling Studies*, 3(1), 15-27.

#### **LANGAGE**

- Korean (native)
- English (bilingual oral and written fluency)