

**Annual Student Learning Assessment Data by Levels  
2023-2024**

**Daybreak University**

## Table of Contents

1.	Student Learning focuses on the Institutional Level .....	3
-	Direct Measures .....	3
1.1	Institutional Effectiveness Rates .....	3
-	Indirect Measures .....	9
1.2	Student Satisfaction Survey Results .....	9
2.	Student Learning focuses on the Program Level .....	18
-	Direct Measures .....	18
2.1	Program Review Report .....	18
2.2	Program Goals (PG's), Student Learning Outcomes (SLO's), Targets & Measure.....	43
-	Indirect Measures .....	45
2.3	Alumni Survey Results.....	45
2.4	Exit Survey Results .....	51
3.	Student Learning focuses on the Course Level.....	54
-	Direct Measures .....	54
3.1	Student Monitoring and Progress Report .....	54
-	Indirect Measures .....	60
3.2	Student Evaluation of Course Instruction Results.....	60
3.3	Peer Review of Teaching .....	70

# 1. Student Learning focuses on the Institutional Level

## - Direct Measures

### 1.1 Institutional Effectiveness Rates

#### Student Achievement 2018-2024

##### INSTITUTION

	2018	2019	2020	2021	2022	2023	2024
	Fall	Fall	Fall	Fall	Fall	Fall	Fall
<b>Student Enrollment (taken at Fall enrollment, Registrar, IEP Annual Report HC: Head Count)</b>	21 HC	57 HC	93 HC	143 HC	151 HC	147HC	134HC
<b>Retention Rates (student enrollment within the degree program)</b>	N/A	85.7%	84.2%	68.4%	45.0%	66.9%	53.7%
<b>Course Completion Rates (within 100% and 150% of degree program length)</b>	N/A	N/A	N/A	77.8%	96.7%	100.0%	95.0%
<b>Graduation Rates (within 100% and 150% of degree program length)</b>	N/A	N/A	N/A	77.8%	83.3%	46.9%	35.0%
<b>Job Placement Rates (upon graduation and within one year of graduation)</b>	N/A	N/A	N/A	93.0%	66.7%	N/A	N/A
<b>State Licensing Examinations (upon graduation and within one year of graduation)</b>	N/A	N/A	N/A	N/A	100.0%	N/A	N/A



**DOCTOR OF PHILOSOPHY (PH.D.) IN COUNSELING PROGRAM**

	2019	2019	2020	2021	2022	2023	2024
	Spring	Fall	Spring	Fall	Fall	Fall	Fall
<b>Student Enrollment (taken at Fall enrollment, Registrar, IEP Annual Report HC: Head Count)</b>	10 HC	15 HC	47 HC	74 HC	64 HC	48 HC	51HC
<b>Retention Rates (student enrollment within the degree program)</b>	N/A	N/A	80.0%	75.0%	40.0%	57.8%	58.3%
<b>Course Completion Rates (within 100% and 150% of degree program length)</b>	N/A	N/A	N/A	N/A	98.4%	100.0%	95.0%
<b>Graduation Rates (within 100% and 150% of degree program length)</b>	N/A	N/A	N/A	N/A	75.0%	57.1%	35.0%
<b>Job Placement Rates (upon graduation and within one year of graduation)</b>	N/A	N/A	N/A	N/A	100.0%	N/A	N/A
<b>State Licensing Examinations (upon graduation and within one year of graduation)</b>	N/A	N/A	N/A	N/A	100.0%	N/A	N/A







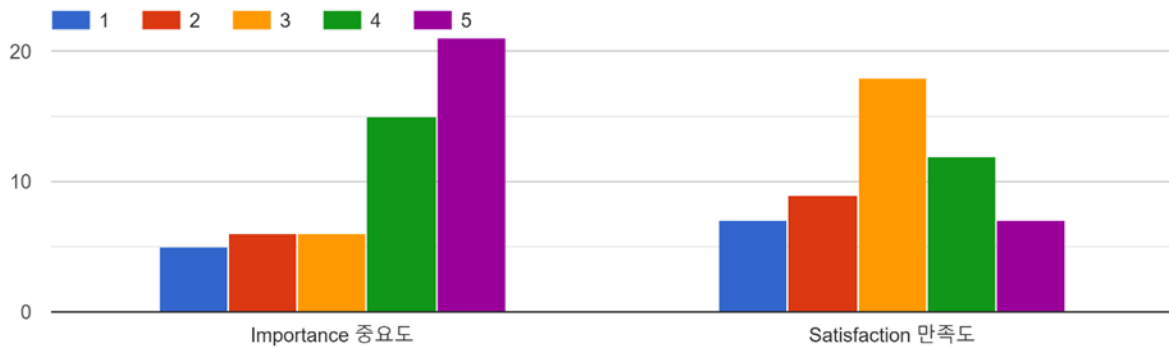


- Indirect Measures

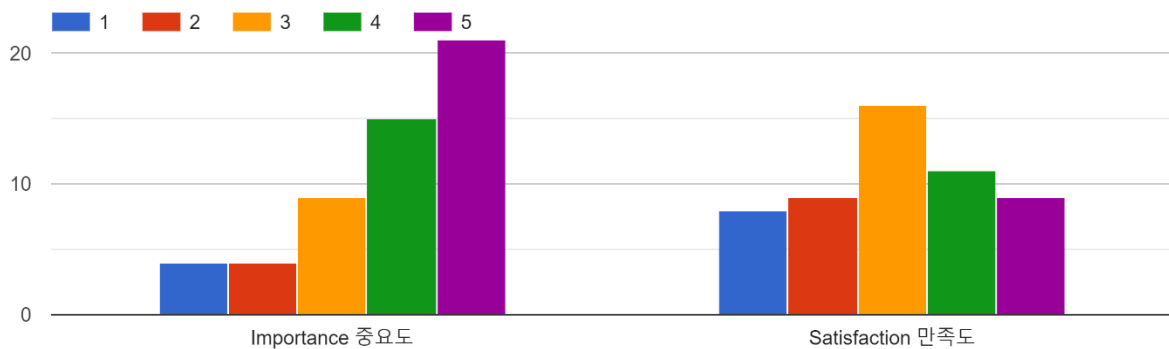
1.2 Student Satisfaction Survey Results

1. Library Services 도서관 서비스 (중요도 & 만족도)

(1) The library's book and reference collection is sufficient to support my instructional needs.  
(온라인)도서관을 통해 필요한 자료를 검색하고 활용할 수 있다.

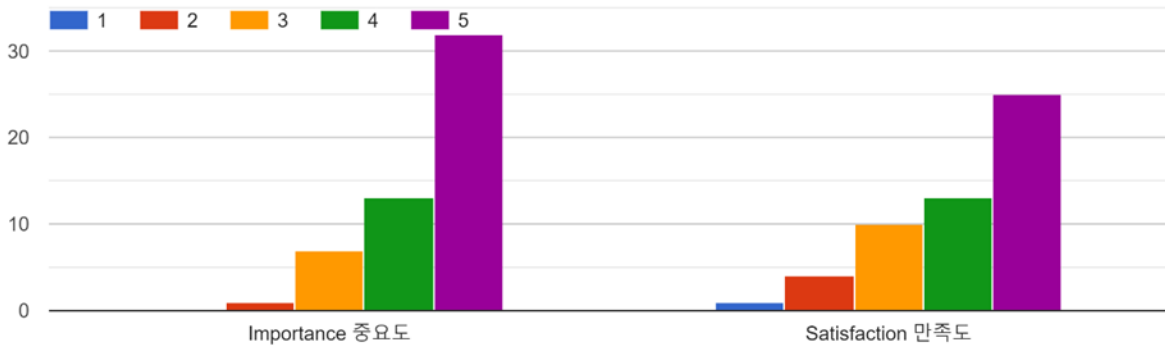


(2) Library staff members are able to help me when I need assistance in using the library's resources. (온라인)도서관 사용을 위해 도움이 ...할 때, 도서관 직원에게 연락하여 도움을 구할 수 있다.

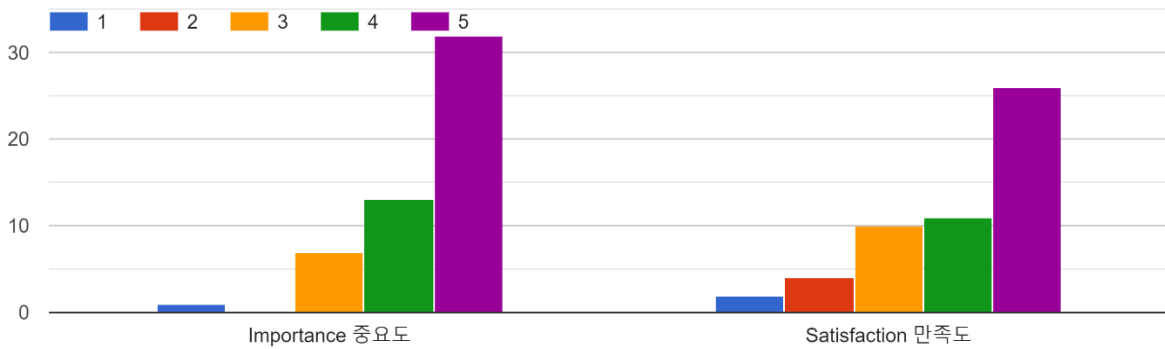


## 2. Academic Advising 학업 지원 (중요도 & 만족도)

(1) The advising process met my needs. 주임 교수님에게 나의 필요를 이야기 하고 도움을 구할 수 있다.

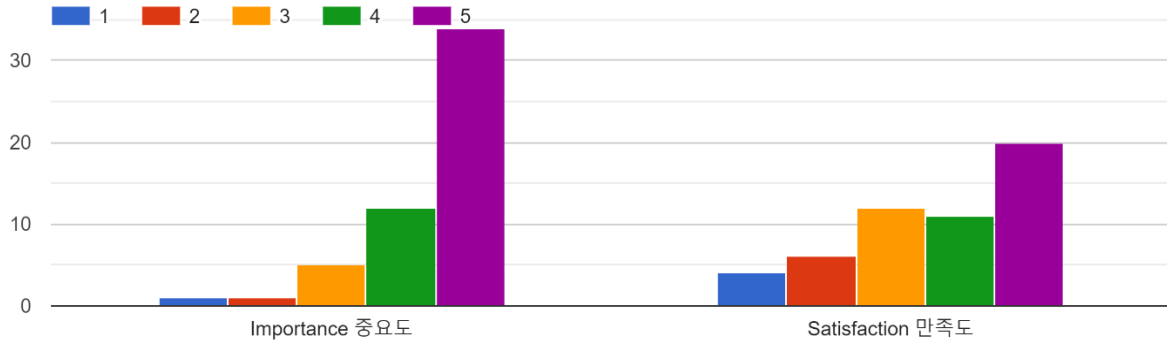


(2) The advisor provided guidance, but allowed me to make my own decisions. 주임 교수님으로부터 적절할 안내를 받으며, 내가 스스로 결정할 수 있도록 도움을 주신다.

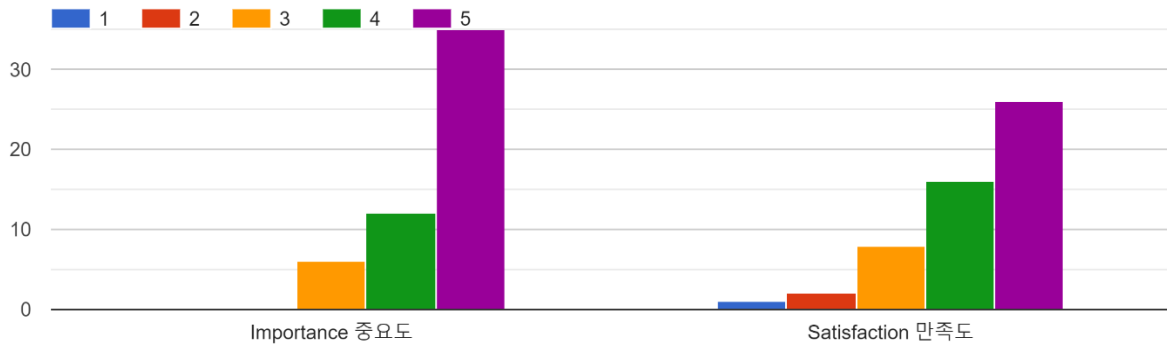


### 3. Admissions and Registrar 입학과 등록 (중요도 & 만족도)

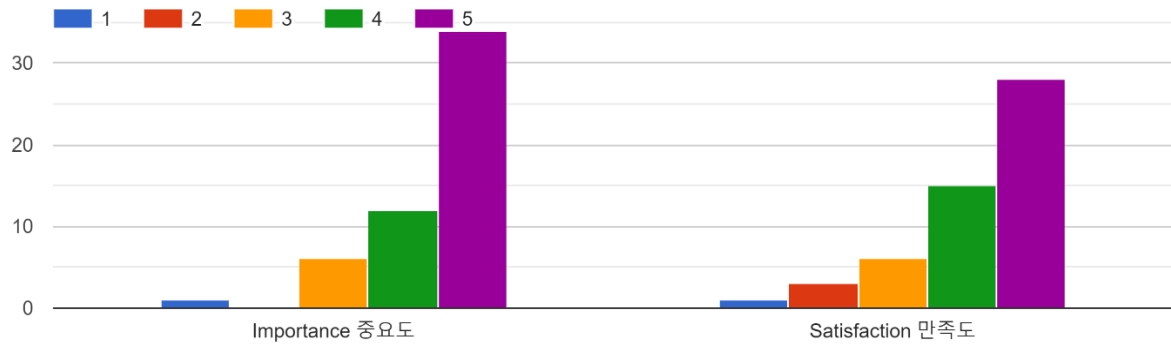
(1) The application process for graduation is clear. 졸업을 위한 과정에 대한 안내가 분명하다.



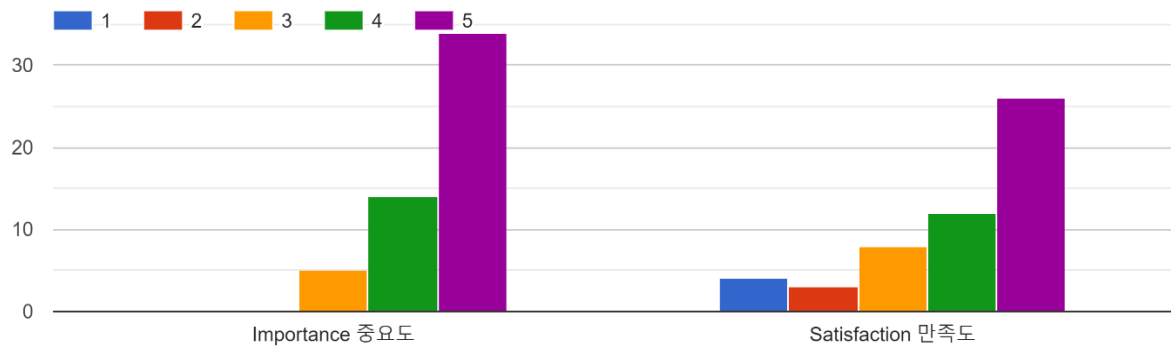
(2) The registration process is clear. 등록 과정이 명확하다.



(3) The admissions and registrar staff were helpful. 입학과 학사 관련 직원들은 도움이 되었다.

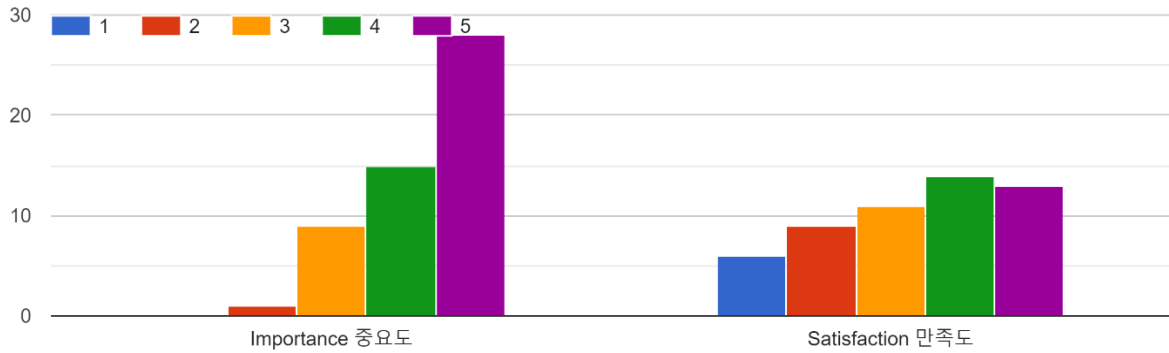


(4) The bill for tuition and fees was easy to understand. 등록금과 비용 납부에 대해 쉽게 이해할 수 있었다.

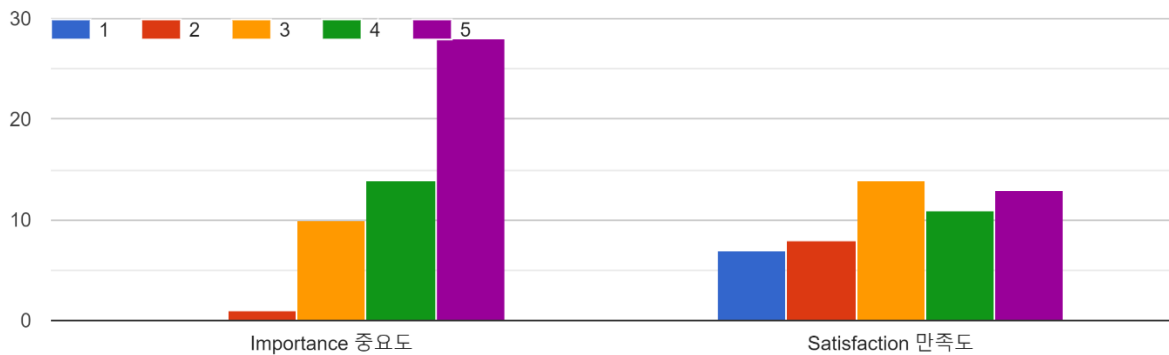


**4. Career Planning and Placement 경력 계획과 알선 (중요도 & 만족도)**

(1) Useful job information was provided 졸업 후 직업 (예, 상담사)에 대한 유용한 정보를 제공받았다.

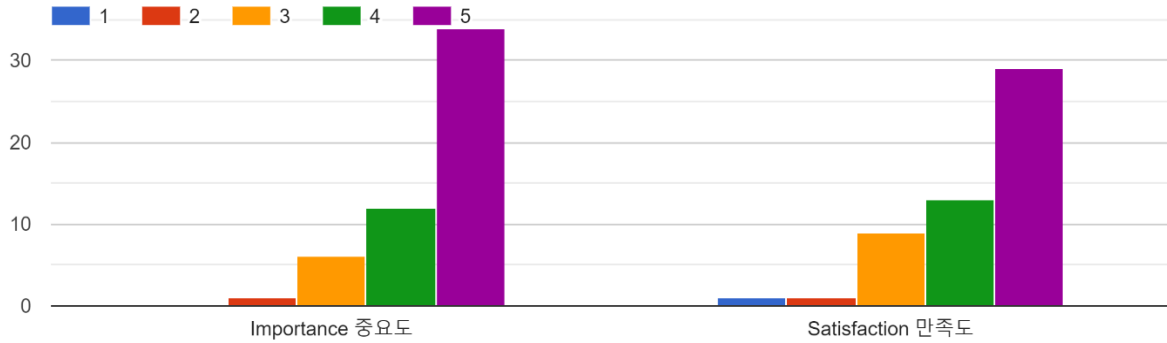


(2) Career planning and placement staff are helpful. 졸업 후 직업을 계획하고 찾는 것에 대한 도움을 받는다.

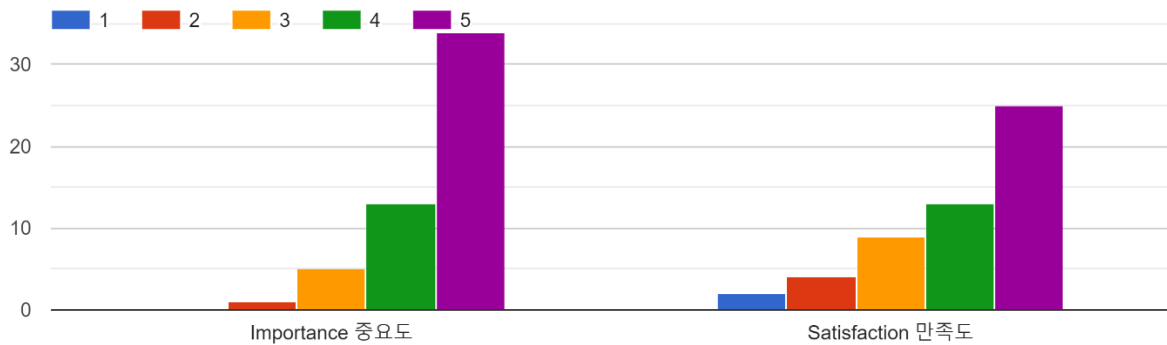


## 5. Counseling 학생 상담 (중요도 & 만족도)

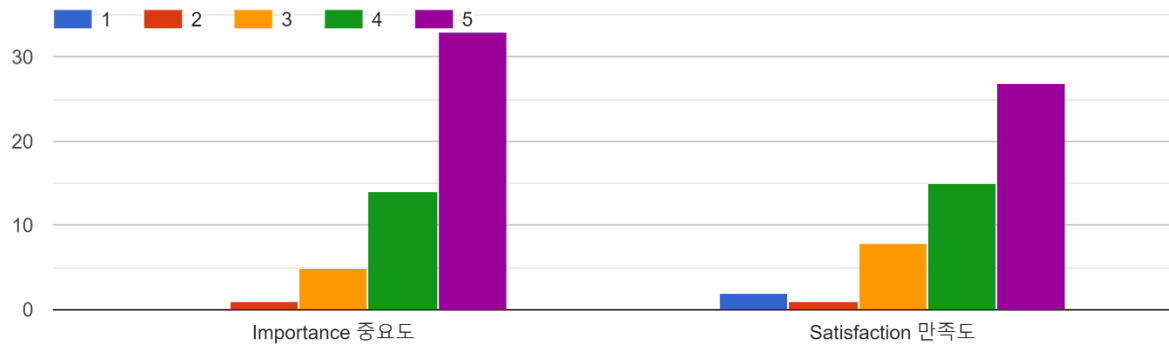
(1) The counselor(s) show genuine concern for students. 진정성 있는 학생지도



(2) The counselor(s) communicated effectively with me. 효율적인 학생지도 커뮤니케이션

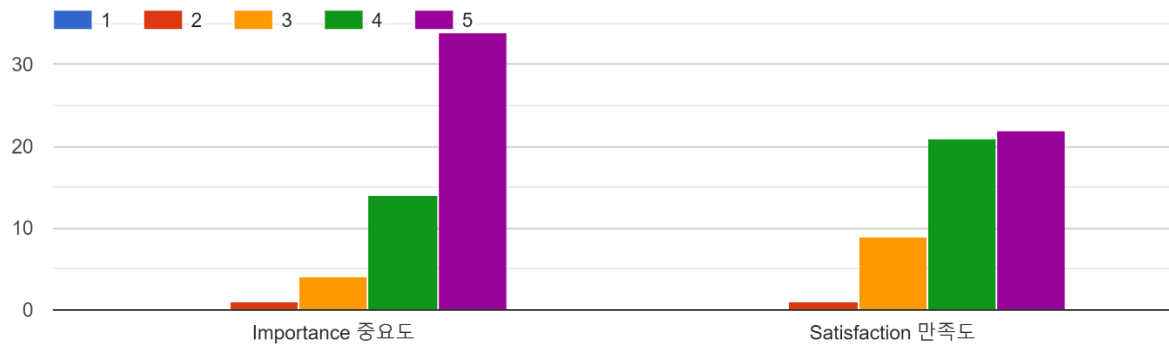


(3) The counselor(s) were open and honest with me. 열려있고 정직한 학생지도



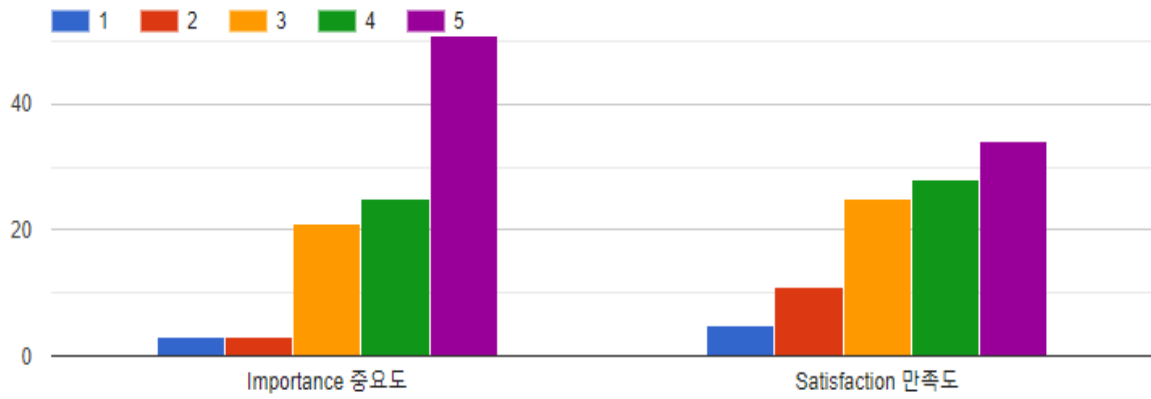
## **6. Facilities and Equipment 시설 (중요도 & 만족도)**

(1) The adequacy of classrooms 적절한 (온라인)강의실 환경

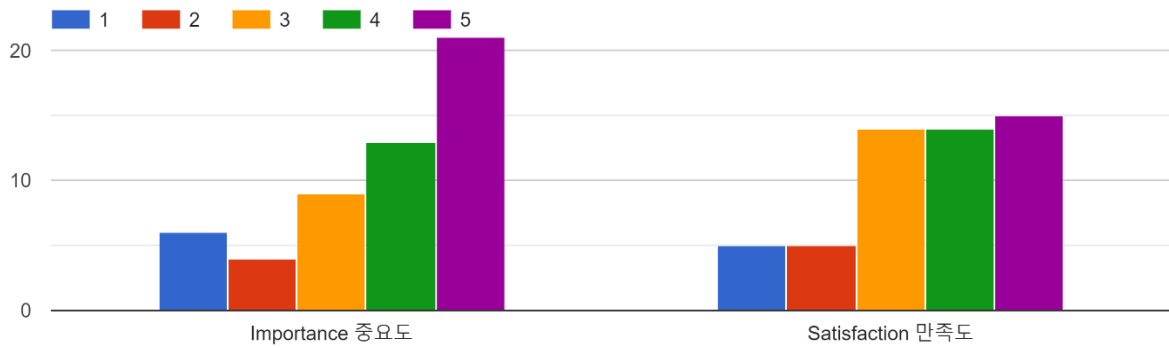


(2) The adequacy of student lounge 적절한 학생 만남의 장소

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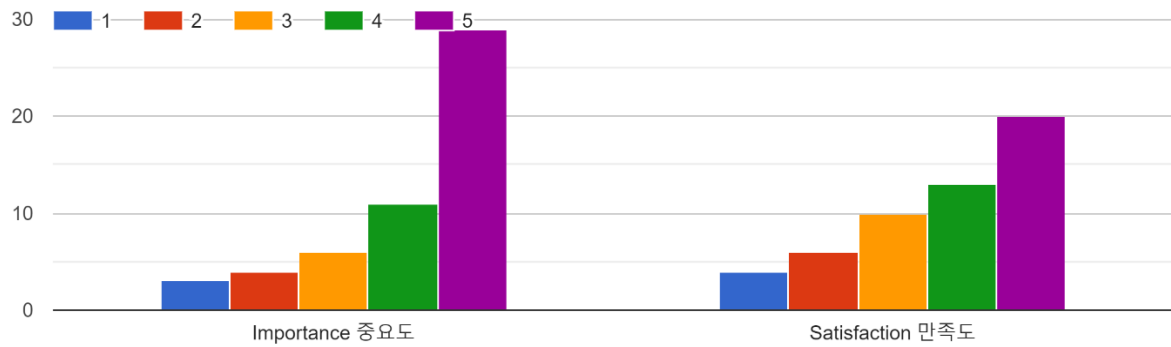


(3) The adequacy of parking space 적절한 수의 주차 공간

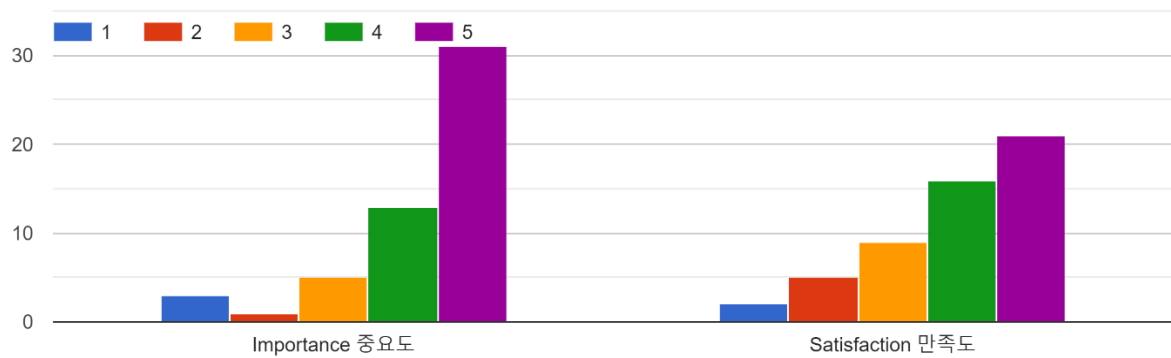




(4) The adequacy of facility maintenance 적절한 학교 시설 유지



(5) The adequacy of technical equipment 적절한 기술적 지원



## 2. Student Learning focuses on the Program Level

- Direct Measures

### 2.1 Program Review Report

- Sample
- Degree Program: Doctor of Philosophy in Counseling

### Program Assessment

#### Program Learning Outcomes Analysis based on the National Norms

List of benchmarked institution. (3-5 page)

Name of Institution	Documents Reviewed	Program Offered	Comments and Suggestions
1. Texas Tech University	Catalog, Website	Doctor of Philosophy (Ph.D.)	The university is one of tier 1 research universities that produce many publications.
2. Northcentral University	Catalog, Website	Doctor of Philosophy (Ph.D.)	The university offers a well-developed distance-learning curriculum to Ph.D. students.
3. The University of Louisiana Monroe	Catalog, Website	Doctor of Philosophy (Ph.D.)	The university has very systematically developed sequence of yearly schedule of curriculum.
4. Loma Linda University	Catalog, Website	Doctor of Philosophy (Ph.D.)	The Ph.D. program offers a religion course. Daybreak considers having biblical courses to support its mission statement.

### Program Purpose and Objectives

The purpose of Daybreak's Ph.D. in Counseling program is to:

- Train students to serve a diverse society and promote competencies in systemic counseling practice, supervision, research, and scholarship.
- Equip students with an in-depth understanding of the relational and contextual educational approaches in the field of counseling through the recursive interaction between theory and practice inside and outside the classroom.
- Nurture students to create a learning community in which transformative skills and expressive performance are developed and possibilities for collaboration are encouraged in varied settings with individuals, couples, and family.

**Program Learning Outcomes (PLO)**

As a result of completing the Ph.D. in Counseling program, students will be able to:

**PLO1.** Critically evaluate the background of the research topic so that findings can be evaluated in the context of the wider body of knowledge and practice.

**PLO2.** Identify the various research methods and designs that exist, their key features, and when to use them.

**PLO3.** Demonstrate an ability to conceptualize systemic thinking as applied in supervision, mentoring, and the isomorphic dynamics among different levels of the training system.

**PLO4.** Demonstrate an ability to incorporate research and provide basic education to individuals, couples, and families about psychotropic medications.

**PLO5.** Apply doctoral level research methods and skills in the chosen field of study.

**PLO6.** Apply a dissertation project to counseling, supervision, and teaching.

**Institutional Benchmark for Program Learning Outcomes and Objectives Comparison**

Degree:	1 <sup>st</sup> institution	2 <sup>nd</sup> institution	3 <sup>rd</sup> institution	4 <sup>th</sup> institution
Doctor of Philosophy in Counseling				
Daybreak University	Texas Tech University	Northcentral University	The University of Louisiana Monroe	Loma Linda University
Program Offered: Doctor of Philosophy in Counseling	Doctor of Philosophy in Marriage and Family Therapy	Doctor of Philosophy in Marriage and Family Therapy	Doctor of Philosophy in Marriage and Family Therapy	Doctor of Philosophy in Systems, Families, and Couples
<b>PLO1.</b> Critically evaluate the background of the research topic so that findings can be evaluated in the context of the wider body of knowledge and practice.	The doctoral program prepares students for contributions in academics, administration, and clinical work.	The doctoral program trains students to develop their critical thinking and research skills to a higher degree, while applying what they learn to professional practice.	The doctoral program is committed to a systemic orientation that fosters relational and contextual educational approaches in the field of marriage and family therapy serving a diverse society. The mission is to promote competencies in systemic clinical practice, supervision, research, and scholarship.	The doctoral program trains scientist-practitioners who will advance the body of knowledge through which marital and family scientists and marital and family therapists promote the health and well-being of individuals, families, and communities.

<p><b>PLO2.</b> Identify the various research methods and designs that exist, their key features, and when to use them.</p>	<p>There is a strong emphasis on training in research methodology as well as theoretical and clinical sophistication.</p>	<p>Develop critical thinking by reviewing published research and conducting independent research.</p>	<p>Conduct high quality relational/systemic research.</p>	<p>Students become adept in systems/relational practice, demonstrating sophistication as a scientist/practitioner.</p>
<p><b>PLO3.</b> Demonstrate an ability to conceptualize systemic thinking as applied in supervision, mentoring, and the isomorphic dynamics among different levels of the training system.</p>	<p>Develop an advanced understanding of clinical intervention using a relational/systemic perspective.</p>	<p>Develop relational/systemic innovations addressing contemporary issues in the field of marriage and family therapy.</p>	<p>Educate advanced systemically oriented clinicians and supervisors, proficient in the classic foundations of family therapy.</p>	<p>Students will be able to analyze, synthesize, apply, and critique theories of human development and family therapy/family science to advance and integrate theory into research and practice in the field.</p>
<p><b>PLO4.</b> Demonstrate an ability to incorporate research and provide basic education to individuals, couples, and families about psychotropic medications.</p>	<p>Demonstrate understanding of the intersection of contextual factors and the research, clinical, supervision, and teaching philosophies and behaviors central to marriage family therapy.</p>	<p>Create new knowledge in marriage and family therapy through independent research.</p>	<p>Train innovators in systemic clinical scholarship and research.</p>	<p>Students will demonstrate knowledge and skills as a researcher in the field of Marital and Family Therapy/Family Science through research, professional publication, and presentation.</p>
<p><b>PLO5.</b> Apply doctoral level research methods and skills in the chosen field of study.</p>	<p>Demonstrate the ability to provide instruction at the collegiate level.</p>		<p>Develop competence in systemic scholarship.</p>	
<p><b>PLO6.</b> Apply a dissertation project to counseling, supervision, and teaching.</p>				<p>Service and Professionalism: Students will develop a professional</p>

				identity as doctoral level family therapists/educators aligned with national practice standards.
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**SWOT Analysis**

Program Internal <b>Strengths</b>	Program Internal <b>Weaknesses</b>
<ul style="list-style-type: none"> <li>1) Qualified faculty with doctoral degrees and clinical and research experiences</li> <li>2) Well-designed curriculum with a scientist-practitioner model</li> <li>3) Interdisciplinary research opportunity with students and faculty members of other specialization programs</li> <li>4) Collegial learning environment: Diverse research group projects for students</li> <li>5) Multi-cultural atmosphere</li> <li>6) Bi-lingual teaching (English and Korean)</li> </ul>	<ul style="list-style-type: none"> <li>1) Lack of financial aid program</li> <li>2) Lack of advertisement</li> </ul>
Program External <b>Opportunities</b>	Program External <b>Threats</b>
<ul style="list-style-type: none"> <li>1) Expected reaccreditation in spring, 2025 from TRACS.</li> <li>2) Good opportunity to recruit international students through the SEVP.</li> <li>3) Many career opportunities in the area.</li> <li>4) A limited number of universities offer Ph.D. in Counseling/MFT programs in the area.</li> <li>5) Great opportunities to recruit Imago Relationship Therapists by offering the PhD Imago Relationship Therapy Specialization.</li> </ul>	<ul style="list-style-type: none"> <li>1) Lack of programmatic accreditation such as COAMFTE.</li> <li>2) Other state authorization to recruit students and lack of NC-SARA.</li> </ul>
<p><b>Comments and Suggestions:</b>  The program needs to actively advertise to recruit students. Needs to achieve a programmatic accreditation such as COAMFTE to have Daybreak University being recognized nationally and internationally in the subject field.</p>	

**Curriculum Assessment  
Course Analysis**

Degree: Doctor of Philosophy in Counseling	1st institution	2nd institution	3rd institution	4th institution
Daybreak University	Texas Tech University	Northcentral University	The University of Louisiana Monroe	Loma Linda University
Program Offered: Doctor of Philosophy in Counseling	Doctor of Philosophy in Marriage and Family Therapy	Doctor of Philosophy in Marriage and Family Therapy	Doctor of Philosophy in Marriage and Family Therapy	Doctor of Philosophy in Systems, Families, and Couples
Total Degree Units: 93 quarter units (Equivalent to 62 semester units)	78 Semester units	63 Semester units	69 Semester units	103 Quarter units
<p><b>PhD Program Core Quarter Units: 31.5</b></p> <p><b>Three Specializations Core Units: 4.5 – 16.5</b></p> <p>1. Marriage and Family Therapy 2. Imago Relationship Therapy 3. Human Sexuality and Sex Therapy</p> <p><b>Specialization Elective Units: 9 – 31.5</b></p> <p><b>General Elective Units : 27 - 57</b></p> <p>The doctoral core courses are at the 8000 and 9000 levels. The doctoral elective courses are at 6000 levels or higher.</p>	<p>The doctoral courses are at the 6000 level or higher.</p> <p><b>Requirements:</b></p> <p>1. Coursework: a. Research Course Units: 15 b. Marriage and Family Therapy Course Units: 15 c. Advanced Practice Component Units: 42 d. Elective Course Units: 3 e. Other Program Requirements (MFT advisor): 3 units</p> <p>2. Clinical Practicum : 500 clinical contact hours with individuals, couples, families, and other systems</p>	<p><b>Eight Specializations</b></p> <p>1. Child and Adolescent Therapy 2. Couple Therapy 3. Culture, Diversity, Social Justice in a Global Context 4. Education and Supervision 5. General Family Therapy 6. Medical Family Therapy 7. Systemic Leadership Therapy with Military Family</p> <p>The doctoral courses are at the 7000 level or higher.</p> <p><b>Requirements:</b></p> <p>1. Coursework: 63 semester units.</p>	<p>The doctoral courses are at the 7000 level.</p> <p><b>Requirements:</b></p> <p>1. Coursework: 69 Semester units</p> <p>2. Supervision Coursework &amp; 100 hours of Supervision</p> <p>3. Client contact: 500 hours of direct client contact</p> <p>4. Doctoral internship: 12-months</p> <p>5. Clinical/Professional Presentation: It allows the student to demonstrate his or her ability to apply systemic constructs,</p>	<p><b>Two Specializations:</b></p> <p>1. Family Studies (non-clinical) 2. Couple and Family Therapy (clinical).</p> <p>The doctoral courses are at the 500 level or higher.</p> <p><b>Requirements:</b></p> <p>1. Coursework: 103 Quarter units</p> <p>2. Client contact: 1000 hours face-to-face client contact in systems/relational practice for Couple and Family Therapy</p> <p>3. Doctoral internship: 36 units professional development experiences in</p>

<p><b>Requirements:</b></p> <p>1. Coursework</p> <p>2. Comprehensive Examination</p> <p>3. Dissertation: Complete at least 18 quarter units.</p> <p>4. An Oral Defense of a Dissertation</p>	<p>physically present, at least 40% of which must be with relational systems.</p> <p>3. Doctoral Portfolio</p> <p>4. PhD Internship</p> <p>5. PhD Dissertation</p>	<p>2. Supervision Coursework &amp; 180 hours of Supervision</p> <p>3. Client contact: 800 hours of direct client contact</p> <p>4. Doctoral internship: 9-months (20 weeks)</p> <p>5. Doctoral Portfolio: Complete 4-week portfolio courses and develop a portfolio</p> <p>6. Dissertation: Complete at least 12 units in Dissertation courses.</p>	<p>techniques, and theory in a clinical and/or other professional setting.</p> <p>6. Comprehensive Exam: A take-home assignment</p> <p>6. Dissertation: Complete at least 9 units in Dissertation courses.</p>	<p>which students develop specialized competencies linking practice, research, and theory.</p> <p>4. Dissertation: Complete at least 12 units in Dissertation courses.</p>
<p><b>Ph.D. Program</b> <b>Core Units: 31.5</b></p> <p>MFT/IRT 9000: Research Methods I</p> <p>MFT/IRT 9100: Research Methods II</p> <p>MFT/IRT 9500: PhD Research Colloquium</p> <p>MFT/IRT 9600: PhD Dissertation I</p> <p>MFT/IRT 9600: PhD Dissertation II</p> <p>MFT/IRT 9600: PhD Dissertation III</p>	<p><b>Research courses:</b></p> <p>MFT 5350 Into Statistics (only if needed)</p> <p>MFT 6320 Dyadic Data Analysis (required)</p> <p>MFT 6323 Qualitative Methods (required)</p> <p>MFT 6322 Family Systems II - Research Methods (required)</p> <p>MFT 6342/6321 Longitudinal Data</p>	<p><b>Research courses:</b></p> <p>MFT-7103 - Research Methods in MFT</p> <p>MFT-7110 - Quantitative Analysis in MFT</p> <p>MFT-7111 - Quantitative Measurement and Design in MFT</p> <p>MFT-7112 - Qualitative Measurement and Design</p> <p>MFT-7113 -</p>	<p><b>Research courses:</b></p> <p>MAFT 7040 Issues/problems in Systemic and MFT Research</p> <p>MAFT 7042 Qualitative and Ethnographic Research</p> <p>MAFT 7046 Dissertation Seminar</p> <p>MAFT 7099 Dissertation 9 units minimum</p> <p>EDFN</p>	<p><b>Research courses:</b></p> <p>CFSD 545 Research and Practice with Couples and Families</p> <p>CFSD 601 Statistics</p> <p>CFSD 602 Statistics</p> <p>CFSD 604 Qualitative Research Methods I</p> <p>CFSD 605 Adv. Quantitative</p>

<p>MFT/IRT 9600: PhD Dissertation IV</p>	<p>Analysis MFT 6342 Grounded Theory  MFT 8000 Dissertation (12 units minimum)</p>	<p>Advanced Qualitative Design and Analysis OR MFT-7114 - Advanced Quantitative Design and Analysis  DIS-9901A - Components of the Dissertation  DIS-9902A - The Dissertation Proposal  DIS-9903A - Institutional Review Board (IRB) and Data Collection  DIS-9904A - The Dissertation Manuscript and Defense  CMP-9701M - Doctoral Portfolio I  CMP-9702M - Doctoral Portfolio II  CMP-9703M - Doctoral Portfolio III</p>	<p>6091/LEC7001 Statistics</p>	<p>Methods  CFSD 606 Current Issues In Family Research  CFSD 668 Qualitative Research Methods II  CFSD 698 Dissertation Research (12)</p>
<p><b>Ph.D. Specialization in Marriage and Family Therapy</b>  <b><u>Specialization Core Units: 4.5</u></b>  MFT/IRT 9800:</p>	<p><b>Marriage and Family Therapy Theories and Practice</b>  MFT 6370 Diversity in MFT (required)</p>	<p><b>Marriage and Family Therapy Theories and Practice</b>  MFT-7101 - Foundations for Doctoral Study in MFT</p>	<p><b>Marriage and Family Therapy Theories and Practice</b>  MAFT 7030 Supervision of Marriage and Family Therapy</p>	<p><b>Marriage and Family Therapy Theories and Practice</b>  CFSD 501 Supervision in MFT  CFSD 506</p>



<p>Supervision of Supervision (Supervisor Training)</p> <p><b><u>Specialization Elective Units: 9</u></b></p> <p>MFT/IRT 9700: Advanced IPCST</p> <p>MFT/IRT 6020: Advanced Marriage and Family Therapy</p> <p>MFT/IRT 6040: Group Process and Techniques in Family Counseling</p> <p><b><u>General Elective Units: 57</u></b></p>	<p>MFT 6311 Contemporary Directions in MFT (required)</p> <p>MFT 6396 MFT Supervision (required)</p> <p>MFT 6342 MFT Seminar - (e.g. Mindfulness)</p> <p>MFT 6342 MFT Seminar - (e.g., Violence)</p> <p>MFT 6395 Clinical Practicum</p> <p>MFT 6397 Sup. Practicum</p> <p>MFT 7395 Internship</p>	<p>MFT-8101 - Advanced Theories in MFT</p> <p>MFT-8102 - Dynamics of Family Interaction</p> <p>MFT-8970 - MFT Supervision</p> <p>MFT-8991 - MFT Advanced Practical Experience Component (APEC I)</p> <p>MFT-8992 - MFT Advanced Practical Experience Component (APEC II)</p> <p>MFT-8993 - MFT Advanced Practical Experience Component (APEC III)</p>	<p>MAFT 7050 Clinical Practicum 15 (min)</p> <p>MAFT 7052 Clinical/Non-clinical Internship 6 (min)</p> <p>MAFT 7000 Family Systems I</p> <p>MAFT 7002 Family Systems II</p> <p>MAFT 7010 Family Therapy I</p> <p>MAFT 7012 Family Therapy II</p> <p>MAFT 7014 Marital/Couples Therapy</p> <p>MAFT 7020 Advanced Family Studies &amp; Human Development</p> <p>MAFT 7022 Social Ecology</p> <p>MAFT 7024 Psychopathology and Assessment</p>	<p>Foundations of Systemic Thinking</p> <p>CFSD 540 Introduction to MedFT</p> <p>RELE Religion course</p> <p>CFSD 544 Health &amp; Illness in Family</p> <p>CFSD 785B Clinical Training</p> <p>CFSD 519 Teaching in Higher Education</p> <p>CFSD 546 Multicultural and Global Mental Health</p>
<p><b>Ph.D. Specialization in Imago Relationship Therapy (IRT)</b></p> <p><b><u>Specialization Core Units: 16.5</u></b></p>	<p>No Imago Relationship Therapy Specialization</p>	<p>No Imago Relationship Therapy Specialization</p> <p>A similar Specialization: <b>Couple Therapy</b></p>	<p>No Imago Relationship Therapy Specialization</p>	<p>No Imago Relationship Therapy Specialization</p>

<p>IRT 9300: Advanced Imago Relationship Therapy Training I</p> <p>IRT 9400: Advanced Imago Relationship Therapy Training II</p> <p>MFT/IRT 8600: Relationology</p> <p>MFT/IRT 9700: Advanced IPCST</p> <p><b><u>Specialization Elective Units: 22.5</u></b></p> <p><b><u>General Elective Units: 31.5</u></b></p>		<p>MFT 8305: Emotion and Differentiation Focused Couple Therapy</p> <p>MFT 8306: Behavior Informed Couple Therapy Models.</p> <p>MFT 8303: Systemic Sex Therapy</p> <p>MFT 8307: The Couple Life Cycle in MFT Practice and Supervision</p>		
<p><b>Ph.D. Specialization in Human Sexuality and Sex Therapy</b></p> <p><b><u>Specialization Core Units: 12</u></b></p> <p>HST 9500: Advanced Human Sexuality and Sex Therapy Supervision</p> <p>HST 9600: Human Sexuality and Sex Therapy Practicum</p> <p><b><u>Specialization Elective Units: 31.5</u></b></p> <p><b><u>General Elective Units: 27</u></b></p>	<p>No Human Sexuality and Sex Therapy Specialization</p>	<p>No Human Sexuality and Sex Therapy Specialization</p>	<p>No Human Sexuality and Sex Therapy Specialization</p>	<p>No Human Sexuality and Sex Therapy Specialization</p>

<p><b>Comments:</b> Daybreak PhD Counseling program offers counseling core courses, specialization core and elective courses, and general elective courses. This is a unique format where students can deepen the fundamental knowledge and skills of counseling while they are adept in specialized counseling areas: MFT, IRT, and Sex Therapy.</p> <p>Daybreak might need to offer additional specializations such as Expressive Art Therapy and Christian Counseling.</p> <p>The program might need to provide more structured research courses to help students prepare their Comprehensive Exam and Dissertation.</p>	<p>Texas Tech University Ph.D. MFT program offers a variety of research courses including qualitative, quantitative, and longitudinal data analysis research methods.</p> <p>The program requires Doctoral Portfolio to doctoral students, which allows them to synthesize their learning throughout the PhD studies.</p> <p>MFT seminar elective courses are offered to both master's and doctoral students at Texas Tech University MFT program.</p>	<p>Northcentral University Ph.D. MFT program provides well-structured research courses to help students prepare their Dissertation and Doctoral Portfolio.</p> <p>The program offers eight different specializations.</p>	<p>The University of Louisiana Monroe Ph.D. MFT program offers research courses reflecting systemic perspectives.</p> <p>The program offers a range of marriage and family therapy theories and practice courses so doctoral students have many options to choose from those courses.</p>	<p>The Loma Linda University MFT program offers a Religion course.</p> <p>The course, CFSD 519 Teaching in Higher Education, is viewed as a useful course to enhance doctoral students' teaching competence.</p>
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## Curriculum Analysis

### Ph.D. in Counseling

<b>Required Quarter Credits: 93 (Equivalent to 62 Semester Credits)</b>	
<b>Course Titles</b>	<b>Credits</b>
<b>PhD Counseling Program Core Courses</b>	
CFT 9000: PhD Research Methods I	4.5
CFT 9100: PhD Research Methods II	4.5
CFT 9200: PhD Research Publication Writing	4.5
CFT 9600: PhD Dissertation I	4.5
CFT 9600: PhD Dissertation II	4.5
CFT 9600: PhD Dissertation III	4.5
CFT 9600: PhD Dissertation IV	4.5
<b>PhD Specialization Core Courses</b>	
CFT 8700: Advanced Marriage and Family Therapy	4.5
CFT 9800: Supervision of Supervision (Supervisor Training)	4.5
CFT 9810: Supervision Practicum	4.5
CFT 9900: Fundamentals of Teaching and Professional Development Seminar	4.5
IRT 7000: Foundations of Imago Relationship Therapy	4.5
CFT 8600: Group Therapy Process and Techniques	4.5
HST 8000: Human Sexuality Education I	4.5
CFT 9700: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
CFT 8600: Law, Professional Ethics, and Community Practice & Teletherapy	4.5
<b>Clinical Requirement</b>	
CFT 7900B: Practicum in Couples and Family Therapy	9 (2)
CFT 7900A: Practicum in Couples and Family Therapy	4.5 (1)
1. 100 Clinical hours (30 hours of Relational Cases) 2. (50 Supervision hours • 25 hours: Raw data at least (e.g., audio, video, etc.)	
<b>PhD Seminar General Electives</b>	<b>7.5</b>
<b>Total Credits</b>	<b>93</b>

<b>MAC Program Core Courses</b>	<b>Credits</b>
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6030: Couples Relationship Therapy	4.5
CFT 6300: Diversity and Multicultural Counseling	4.5
CFT 9400: Inner Child Therapy	4.5
<b>Clinical Requirement</b>	
CFT 7900B: Practicum in Couples and Family Therapy	9 (2)

1. 100 Clinical hours (50 hours of Relational Cases)
2. 50 Supervision hours
  - 25 hours: Raw data at least (e.g., audio, video, etc.)
3. A minimum of 9 quarter credits of supervised internship coursework

### Ph.D. in Counseling with a Specialization in Marriage and Family Therapy

<b>Required Quarter Credits: 93 (Equivalent to 62 Semester Credits)</b>	
Course Titles	Credits
<b>Prerequisite courses</b> <i>Courses may be transferred from another graduate program once evaluated and accepted by the Program Director. Alternatively, courses can be taken from the MA Program concurrently prior to starting Practicum and Dissertation.</i>	
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6060: Psychopathology: Principles of the Diagnostic Process	4.5
CFT 6080: Assessment, Appraisal, and Psychological Testing	4.5
CFT 6050: Clinical Research and Evaluation	4.5
CFT 6040: Group Therapy Process and Techniques	4.5
HST 6000/8000: Human Sexuality Education I	4.5
<b>Foundational Requirements:</b> Coursework - <i>Courses and clinical requirements may be transferred from another graduate program once evaluated and accepted by the Program Director. Alternatively, courses can be taken from the MA Program concurrently prior to starting Practicum and Dissertation.</i>	
CFT 6090/8090: Human Growth and Family Development Across the Lifespan	4.5
CFT 6700/8900: Abuse, Trauma, and Collaborative Care	4.5
CFT 6300/8300: Diversity and Multicultural Counseling	4.5
CFT 7000/9700: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
CFT 6500/8050: Chemical Dependency and Addiction Counseling	4.5
CFT 6030/8030: Couples Relationship Therapy	4.5
CFT 6600/8600: Law, Professional Ethics, and Community Practice & Teletherapy	4.5
CFT 6070/8070: Psychopharmacology	4.5
<b>ACA 1: Advanced Research</b>	
CFT 9000: PhD Research Methods I: Quantitative Research	4.5

CFT 9100: PhD Research Methods II: Qualitative Research	4.5
CFT 9200: PhD Research Publication Writing	4.5
<b>ACA 2: Advanced Relational/Systemic Clinical Theory</b>	
CFT 8700: Advanced Marriage and Family Therapy	4.5
<b>ACA 3: Advanced Relational/Systemic Applications to Contemporary Challenges</b>	
CFT 9750: MFT Professional Practice and Applications to Contemporary Challenges	4.5
<b>ACA 4: Foundations of Relational/Systemic Teaching, Supervision, Consultation &amp;/or Leadership</b>	
CFT 9800: Fundamentals of Supervision (Supervisor Training)	4.5
CFT 9900: Fundamentals of Teaching and Professional Development Seminar	4.5
<b>Advanced Practical Experience Component: <i>Must have at least 2 experiences for at least 9 months total</i></b>	
CFT 9600: Ph.D. Dissertation I	4.5
CFT 9600: Ph.D. Dissertation II	4.5
CFT 9600: Ph.D. Dissertation III	4.5
CFT 9600: Ph.D. Dissertation IV	4.5
CFT 9810: Supervision Practicum	4.5
CFT 9550: Teaching Practicum	3
<b>Clinical Foundational Requirements</b> <i>*Students who have not met the Foundational Clinical Component prior to entering the Ph.D. program must register for CFT 7900B continuously until the requirements have been met.</i>	
CFT 7900B: Practicum in Couples and Family Therapy	18
CFT 7900A: Practicum in Couples and Family Therapy <i>*If 300 Clinical hours are fulfilled, students could take the CFT 7900A or an Elective course. **If 300 Clinical hours are not fulfilled, students should take the CFT 7900B in order to accrue the required clinical hours.</i>	4.5 (1)
1. 300 Clinical hours (100 hours of Relational Cases) 2. 100 Supervision hours <ul style="list-style-type: none"> <li>• 50 hours: Raw data at least (e.g., audio, video, etc.)</li> <li>• Group Supervision: Up to 8 people, Individual Supervision: Up to 2 people</li> </ul> <i>*Must be enrolled at least 12 months.</i>	
<b>Total Credits</b>	<b>93 (21)</b>

**Ph.D. in Counseling with a Specialization in Imago Relationship Therapy (IRT)**

**Required Quarter Credits: 93  
(Equivalent to 62 Semester Credits)**

<b>Course Titles</b>	<b>Credits</b>
<b>PhD Counseling Program Core Courses</b>	
CFT 9000: PhD Research Methods I	4.5
CFT 9100: PhD Research Methods II	4.5
CFT 9200: PhD Research Publication Writing	4.5
CFT 9600: PhD Dissertation I	4.5
CFT 9600: PhD Dissertation II	4.5
CFT 9600: PhD Dissertation III	4.5
CFT 9600: PhD Dissertation IV	4.5
<b>PhD Specialization Core Courses</b>	
CFT 9800: Supervision of Supervision (Supervisor Training)	4.5
CFT 9900: Fundamentals of Teaching and Professional Development Seminar	4.5
IRT 8100: Imago Couples Workshop Presenter Training 1	4.5
IRT 8200: Imago Couples Workshop Presenter Training 2	4.5
IRT 8300: Imago Couples Workshop Presenter Training 3	4.5
IRT 8400: Imago Advanced Course: Characterological Growth	4.5
IRT 8500: Imago Advanced Course: Brilliant at the Basics	4.5
IRT 8600: Imago Advanced Course: Attuned Therapist	3
HST 8000/6000: Human Sexuality Education I	4.5
CFT 9700/7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
CFT 8040/6040: Group Therapy Process and Techniques	4.5
<b>Clinical Requirement</b>	
CFT 7900B: Practicum in Couples and Family Therapy	9 (2)
CFT 7900A: Practicum in Couples and Family Therapy	4.5 (1)
1. 100 Imago Relationship Therapy Clinical hours • A minimum number of 100 hours of face-to-face experience therapy with couples, families, or groups. 2. 50 Supervision hours • 25 hours: Raw data at least (e.g., audio, video, etc.)	
<b>Total Credits</b>	<b>93</b>

<b>MAC Program Core Courses</b>	<b>Credits</b>
CFT 6010: Foundations of Marriage and Family Therapy	4.5

CFT 6030: Couples Relationship Therapy	4.5
CFT 6300: Diversity and Multicultural Counseling	4.5
CFT 9400: Inner Child Therapy	4.5
<b>Clinical Requirement</b>	
CFT 7900B: Practicum in Imago Relationship Therapy	9 (2)
1. 100 Imago Relationship Therapy Clinical hours • A minimum number of 100 hours of face-to-face experience therapy with couples, families, or groups. 2. 50 Supervision hours • 25 hours: Raw data at least (e.g., audio, video, etc.) 3. A minimum of 9 quarter credits of supervised internship coursework	

### Ph.D. in Counseling with a Specialization in Human Sexuality and Sex Therapy (HST)

<b>Required Quarter Credits: 93 (Equivalent to 62 Semester Credits)</b>	
<b>Course Titles</b>	<b>Credits</b>
<b>PhD Counseling Program Core Courses</b>	
CFT 9000: PhD Research Methods I	4.5
CFT 9100: PhD Research Methods II	4.5
CFT 9200: PhD Research Publication Writing	4.5
CFT 9600: PhD Dissertation I	4.5
CFT 9600: PhD Dissertation II	4.5
CFT 9600: PhD Dissertation III	4.5
CFT 9600: PhD Dissertation IV	4.5
<b>PhD Specialization Core Courses</b>	
CFT 9800: Fundamentals of Supervision (Supervisor Training)	4.5
CFT 9900: Fundamentals of Teaching and Professional Development Seminar	4.5
HST 9500: Advanced Human Sexuality and Sex Therapy Supervision	4.5
HST 8000: Human Sexuality Education I	4.5
HST 8100: Human Sexuality Education II	4.5
HST 8200: Sexual Attitude Reassessment (SAR)	1.5
HST 8300: Human Sexuality and Sex Therapy Training A	4.5
HST 8350: Human Sexuality and Sex Therapy Training B	3
IRT 7000: Foundations of Imago Relationship Therapy	4.5
CFT 9700: Counseling and Psychotherapeutic Theories and Techniques: IPCST	4.5
CFT 8600: Group Therapy Process and Techniques	4.5
<b>Clinical Requirement</b>	
CFT 7900B: Practicum in Couples and Family Therapy	9 (2)



CFT 7900A: Practicum in Couples and Family Therapy	4.5 (1)
1. 100 Clinical hours (50 Sex Therapy Clinical hours) • A minimum number of 100 hours of face-to-face experience therapy with Individuals, couples, families, or groups. 2. 50 Supervision hours • 25hours: Raw data at least (e.g., audio, video, etc.)	
<b>PhD Seminar General Electives</b>	<b>3</b>
<b>Total Credits</b>	<b>93</b>

<b>MAC Program Core Courses</b>	<b>Credits</b>
CFT 6010: Foundations of Marriage and Family Therapy	4.5
CFT 6030: Couples Relationship Therapy	4.5
CFT 6300: Diversity and Multicultural Counseling	4.5
CFT 9400: Inner Child Therapy	4.5
<b>Clinical Requirement</b>	
CFT 7900B: Practicum in Couples and Family Therapy	9 (2)
1. 100 Sex Therapy Clinical Hours • A minimum number of 100 hours of face-to-face experience therapy with couples, families, or group. 2. 50 Supervision hours • 25 hours: Raw data at least (e.g., audio, video, etc.) 3. A minimum of 9 quarter credits of supervised internship coursework	

**Ph.D. General Electives**

<b>No.</b>	<b>Course Titles</b>	<b>Credits</b>
1	CFT 6300: Diversity and Multicultural Counseling	4.5
2	CFT 6050: Clinical Research and Evaluation	4.5
3	CFT 6060: Psychopathology: Principles of the Diagnostic Process	4.5
4	IRT 7000: Foundations of Imago Relationship Therapy	4.5
5	CFT 6030: Couples Relationship Therapy	4.5
6	HST 8100: Human Sexuality Education II	4.5
7	CFT 6070: Psychopharmacology	4.5
8	CFT 6080: Assessment, Appraisal, and Psychological Testing	4.5
9	CFT 6090: Human Growth and Family Development Across the Life Span	4.5
10	CFT 6500: Chemical Dependency and Addiction Counseling	4.5
11	CFT 6600: Law, Professional Ethics, and Community Practice & Teletherapy	4.5
12	CFT 6700: Abuse, Trauma, and Collaborative Care	4.5
13	CFT 7900B: Practicum in Couples and Family Therapy	4.5
14	CFT 9900: Professional Development Seminar	3
15	CFT 9300: Spirituality and Psychotherapy	4.5
16	CFT 9350: Christian Counseling	4.5
17	CFT 9400: Inner Child Therapy	4.5
18	CFT 9450: Carl Rogers Seminar	4.5
19	CFT 9550: Teaching Practicum	3

**SUGGESTED COURSE SEQUENCING**

**Ph.D. in Counseling**

	Fall term	Winter term	Spring term	Summer term
Year 1	CFT 8030: Couples Relationship Therapy  Elective	CFT 8600: Law, Professional Ethics, and Community Practice & Teletherapy  HST 8000: Human Sexuality Education I	CFT 8700: Advanced Marriage and Family Therapy  CFT 8600: Group Therapy Process and Techniques	
Year 2	CFT 9000: PhD Research Methods I: Quantitative Research  CFT 7900B: Practicum in Couples and Family Therapy	CFT 9100: PhD Research Methods II: Qualitative Research  CFT 7900B: Practicum in Couples and Family Therapy	CFT 9700: Counseling and Psychotherapeutic Theories and Techniques: IPCST  CFT 7900A: Practicum in Couples and Family Therapy <i>Or</i> CFT 7900B: Practicum in Couples and Family Therapy	
Year 3	CFT 9900: Fundamentals of Teaching and Professional Development Seminar CFT 9200: PhD Research Publication Writing	CFT 9800: Fundamentals of Supervision (Supervisor Training) Elective	CFT 9810: Supervision Practicum CFT 9600: PhD Dissertation I	
Year 4	CFT 9600: PhD Dissertation II	CFT 9600: PhD Dissertation III	CFT 9600: PhD Dissertation IV	

**Ph.D. in Counseling with the Specialization in Marriage and Family Therapy**

	Fall term	Winter term	Spring term	Summer term
Year 1	CFT 8090: Human Growth and Family Development Across the Lifespan  CFT 6300/8300: Diversity and Multicultural Counseling	CFT 8600: Law, Professional Ethics, and Community Practice & Teletherapy  CFT 6070/8070: Psychopharmacology	CFT 8700: Advanced Marriage and Family Therapy  CFT 6700/8900: Abuse, Trauma, and Collaborative Care	
Year 2	CFT 9000: PhD Research Methods I: Quantitative Research  CFT 6500/8050: Chemical Dependency and Addiction Counseling	CFT 9100: PhD Research Methods II: Qualitative Research  CFT 6030/8030: Couples Relationship Therapy	CFT 9200: PhD Research Publication Writing  CFT 7000/9700: Counseling and Psychotherapeutic Theories and Techniques: IPCST	
Year 3	CFT 9900: Fundamentals of Teaching and Professional Development Seminar CFT 9750: MFT Professional Practice and Applications to Contemporary Challenges	CFT 9800: Fundamentals of Supervision (Supervisor Training) CFT 9550: Teaching Practicum	CFT 9810: Supervision Practicum CFT 9600: PhD Dissertation I	
Year 4	CFT 9600: PhD Dissertation II	CFT 9600: PhD Dissertation III	CFT 9600: PhD Dissertation IV	

**Ph.D. in Counseling with the Specialization in Imago Relationship Therapy**

	Fall term	Winter term	Spring term	Summer term
Year 1	CFT 9700: Counseling and Psychotherapeutic Theories and Techniques: IPCST  IRT 8100: Imago Couples Workshop Presenter Training 1	HST 8000: Human Sexuality Education I  IRT 8200: Imago Couples Workshop Presenter Training 2	CFT 8600: Group Therapy Process and Techniques  IRT 8300: Imago Couples Workshop Presenter Training 3	
Year 2	CFT 9000: PhD Research Methods I: Quantitative Research  CFT 7900B: Practicum in Couples and Family Therapy	CFT 9100: PhD Research Methods II: Qualitative Research  CFT 7900B: Practicum in Couples and Family Therapy	IRT 8500: Imago Advanced Course: Brilliant at the Basics  CFT 7900A: Practicum in Couples and Family Therapy <i>Or</i> CFT 7900B: Practicum in Couples and Family Therapy	
Year 3	CFT 9900: Fundamentals of Teaching and Professional Development Seminar CFT 9200: PhD Research Publication Writing	CFT 9800: Fundamentals of Supervision (Supervisor Training) IRT 8400: Imago Advanced Course: Characterological Growth	CFT 9600: PhD Dissertation I  IRT 8600: Imago Advanced Course: Attuned Therapist	
Year 4	CFT 9600: PhD Dissertation II	CFT 9600: PhD Dissertation III	CFT 9600: PhD Dissertation IV	

**Ph.D. in Counseling with the Specialization in Human Sexuality and Sex Therapy**

	Fall term	Winter term	Spring term	Summer term
Year 1	CFT 9700: Counseling and Psychotherapeutic Theories and Techniques: IPCST  HST 8000: Human Sexuality Education I	HST 8100: Human Sexuality Education II  IRT 7000: Foundations of Imago Relationship Therapy	CFT 8600: Group Therapy Process and Techniques  HST 8300: Human Sexuality and Sex Therapy Training A	
Year 2	CFT 9000: PhD Research Methods I: Quantitative Research  CFT 7900B: Practicum in Couples and Family Therapy	CFT 9100: PhD Research Methods II: Qualitative Research  CFT 7900B: Practicum in Couples and Family Therapy	HST 8350: Human Sexuality and Sex Therapy Training B  HST 8200: Sexual Attitude Reassessment (SAR)  CFT 7900A: Practicum in Couples and Family Therapy <i>Or</i> CFT 7900B: Practicum in Couples and Family Therapy	
Year 3	CFT 9900: Fundamentals of Teaching and Professional Development Seminar HST 9500: Advanced Human Sexuality and Sex Therapy Supervision	CFT 9800: Fundamentals of Supervision (Supervisor Training) CFT 9200: PhD Research Publication Writing	CFT 9600: PhD Dissertation I  Elective	
Year 4	CFT 9600: PhD Dissertation II	CFT 9600: PhD Dissertation III	CFT 9600: PhD Dissertation IV	

<b>Curriculum Scope and Sequence (Course List)</b>		
Review Date	Findings	Comments and Suggestions
6/24/2024	<p>Well designed to motivate the student's interest of their own research project.</p> <p>Lack of courses to directly help students prepare their doctoral dissertation and comprehensive exam.</p>	Needs to provide more structured research courses and sequence to help the doctoral students prepare their Comprehensive Exam and Dissertation.

<b>Curriculum Matrix Review (mapping program outcomes to courses)</b>		
Review Date	Findings	Comments and Suggestions
6/24/2024	Daybreak university does not offer practicum/internship courses unlike the other four universities in this review.	Daybreak might need to include practicum and internship courses into the curriculum. The clinical courses would help doctoral students conduct research applicable to clinical works.

**Findings and Recommendations**  
**Program Review Conclusion**

Program Review Section	Findings	Recommendations
I. Program Assessment A. Program Learning Outcomes Analysis based on the National Norms	<p>Based on the review of four Ph.D. in Counseling/Marriage and Family Therapy accredited from the COAMFTE, Daybreak Ph.D. Program Learning Outcomes are consistent with their learning outcomes.</p> <p>Daybreak doctoral programs appear to emphasize more research learning outcomes than theories/practice learning outcomes.</p>	<p>Need to develop a curriculum making a good balance among research, theories, and clinical works, which promote evidence-based practices.</p>
I. Program Assessment B. SWOT Analysis	<p>Daybreak has many internal strengths including qualified faculty, well-designed curriculum, and multi-cultural atmosphere. Yet the lack of programmatic accreditation and advertisement, Daybreak has not been recognized in the subject field.</p>	<p>Need advertisements and community reach-out to recruit students.</p>
II. Curriculum Assessment A. Course Analysis	<p>Need to provide more structured research courses to help students prepare their Comprehensive Exam and Dissertation.</p>	<p>Daybreak should offer research elective courses to help students work on their Comprehensive Exam and Dissertation.</p>
II. Curriculum Assessment B. Curriculum Analysis	<p>Daybreak Ph.D. Counseling program does not require internship or clinical hours.</p>	<p>Daybreak might need to include practicum and internship courses into the curriculum.</p>



**Strategic Action Plan**

Submit program review summary report and all supporting documentation to the Chief Academic Officer and present findings to the appropriate academic forum.

**Strategic Action Plan**

Program Review Section	Recommendations	Strategic Action Plan	Timeline for Implementation	Representative	Budgetary Impact
<p>I. Program Assessment</p> <p>A. Program Learning Outcomes Analysis based on the National Norms</p>	<p>Need to develop a curriculum making a good balance among research, theories, and clinical works, which promote evidence-based practices.</p> <p>Need to achieve TRACS reaccreditation.</p>	<p>All faculty members should discuss and develop a doctoral curriculum integrating the research, theories, and clinical practices.</p> <p>Achieve TRACS reaccreditation.</p>	<p>Spring 2025</p>	<p>Academic Dean Ph.D. Director</p>	<p>\$22,000</p>
<p>I. Program Assessment</p> <p>B. SWOT Analysis</p>	<p>Need advertisements and community reach-out to recruit students.</p> <p>Recruit international students.</p>	<p>Provide counseling services to the community with a sliding fee scale.</p> <p>Publish news articles and feature articles on mental health and couple/family relationships.</p> <p>Recruit international students through the SEVP.</p>	<p>Fall 2024</p>	<p>Academic Dean Ph.D. Director President</p>	<p>\$20,000</p>
<p>II. Curriculum Assessment</p> <p>A. Course Analysis</p>	<p>Daybreak should offer research elective courses to help students work on their Comprehensive Exam and Dissertation.</p>	<p>Faculty members should research other schools' curriculums and develop new research courses that allow students to synthesize their doctoral learning for the comprehensive exam and to smoothly follow the dissertation process.</p>	<p>Fall 2024</p>	<p>Academic Dean Ph.D. Director</p>	<p>\$3,000</p>

<p>II. Curriculum Assessment</p> <p>B. Curriculum Analysis</p>	<p>Daybreak needs to include practicum and internship courses into the curriculum.</p>	<p>Faculty members should research other schools' curriculums and develop new internship/practicum courses.</p>	<p>Fall 2024</p>	<p>Academic Dean Ph.D. Director</p>	<p>\$5,000</p>
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## 2.2 Program Goals (PG's), Student Learning Outcomes (SLO's), Targets & Measure

- Sample
  - MA MFT Program
- 1) PG# 1 (Knowledge): The program will train students who demonstrate a foundational knowledge of marriage and family therapy theories, models, and interventions.
    - SLO # 1:(Knowledge): Students will demonstrate comprehensive knowledge of systems theory concepts and MFT models and techniques.
    - Curriculum Alignment:
      - 1. CFT 6010: Foundations of Marriage and Family Therapy
      - 2. CFT 7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST
    - Target, Measure, Data
      - At least 80% of students will pass Part I of the Comprehensive Exam
      - Aggregated Data for 2020, 2021, 2022, & 2023: 100 % of students passed part 1 of the Comprehensive Exam
      - Target Met
  - 2) PG#2 (Practice): The program will train students who demonstrate a foundational competence to practice marriage and family therapy.
    - SLO #2 (Practice): Students will demonstrate competence in systemic/relational assessment, treatment planning, interventions, transfer, and termination.
    - Curriculum Alignment:
      - CFT 7900: Practicum in Couples and Family Therapy
    - Target, Measure, Data
      - At least 80% of students will pass Part III of the Comprehensive Exam.
      - Aggregated Data for 2020, 2021, 2022, & 2023: 100 % of students passed part III of the Comprehensive Exam
      - Target Met
  - 3) PG#3 (Diversity): The program will train students to practice MFT from a self-reflective and cultural competence foundation with a variety of diverse clients.
    - SLO #3 (Diversity): Students will demonstrate human diversity and practice culturally sensitive analysis and critical self-awareness when working with a diversity of individuals, couples, and families.
    - Curriculum Alignment:
      - CFT 6300: Diversity and Multicultural Counseling
    - Target, Measure, Data

- At least 80% of students will pass Part II of the Comprehensive Exam.
  - Aggregated Data for 2020, 2021, 2022, & 2023: 100 % of students passed part II of the Comprehensive Exam
  - Target Met
- 4) PG#4 (Ethics): The program will train students who demonstrate competencies related to legal and professional ethics, standards of practice, and personal awareness in their clinical work.
- SLO #4 (Ethics): Students will demonstrate ethical decision-making, case management, professionalism, and self-awareness in clinical practice.
  - Curriculum Alignment:
    - CFT 6600: Law, Professional Ethics, and Community Practice and Teletherapy
  - Target, Measure, Data
    - At least 80% of students will score a B or higher in the main assignment in the CFT 6600: Law, Professional Ethics, and Community Practice and Teletherapy course.
    - Aggregated Data for 2019, 2020, 2021, 2022, & 2023: 100 % of students score a B or higher in the main assignment in the CFT 6600.
    - Target Met
- 5) PG#5 (Research): The program will train family therapists who can consume and contribute to research in the field of marriage and family therapy.
- SLO #2 (Research): Students will be able to read and critically evaluate research for evidence - based application in the practice of marriage and family therapy.
  - Curriculum Alignment:
    - CFT 6050: Clinical Research and Evaluation
  - Target, Measure, Data
    - At least 80% of students will pass Part IV of the Comprehensive Exam.
    - Aggregated Data for 2020, 2021, 2022, & 2023: 100 % of students passed part IV of the Comprehensive Exam
    - Target Met

- Indirect Measures

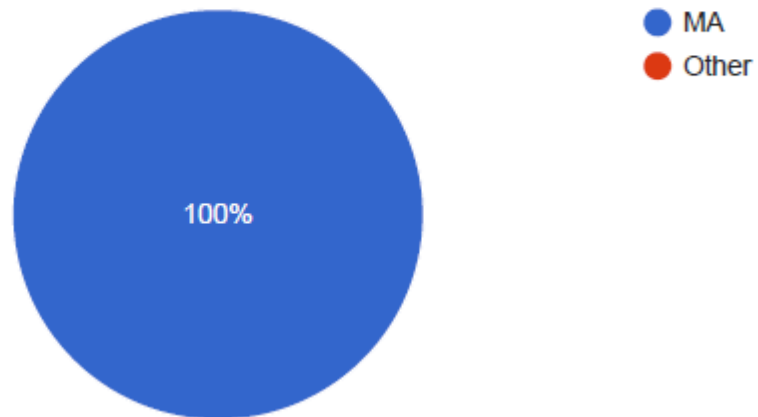
## 2.3 Alumni Survey Results

- Sample

### Annual Alumni Survey (MA)

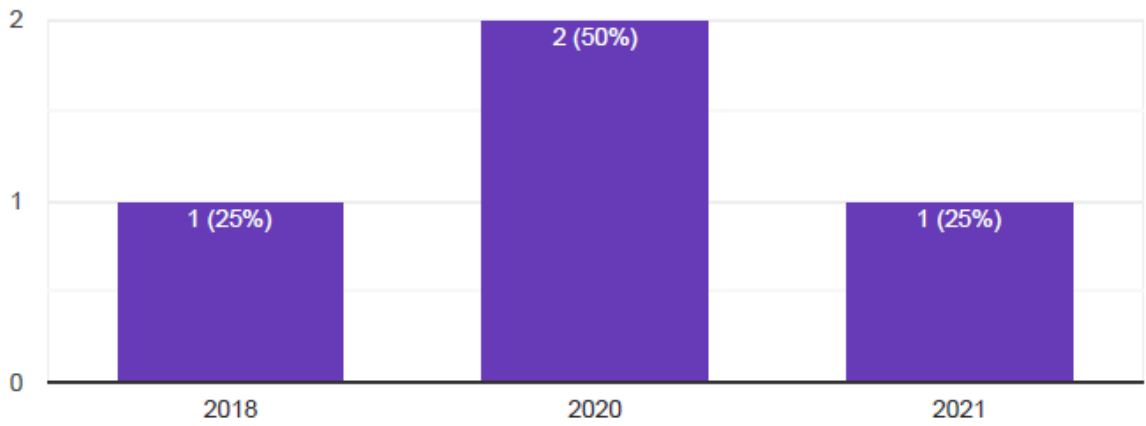
1. Which program did you graduate from?

4 responses



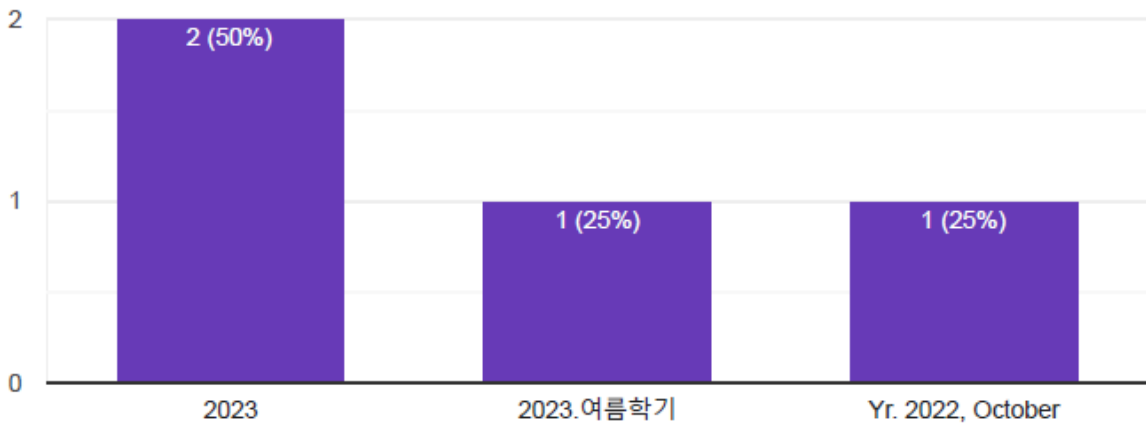
2. What year did you enter the program?

4 responses



3. What term and year did you graduate from the program?

4 responses



4. Have you passed the AMFTRB Exam? If yes, what year?

4 responses

2023

아직

No

I haven't taken the exam

5. Are you licensed in MFT? If yes, what country and year did you become licensed?

3 responses

New Jersey, LAMFT 2023

No

June 24, 2021, Virginia, USA

6. Are you licensed in another field? If yes, what country and in what field?

3 responses

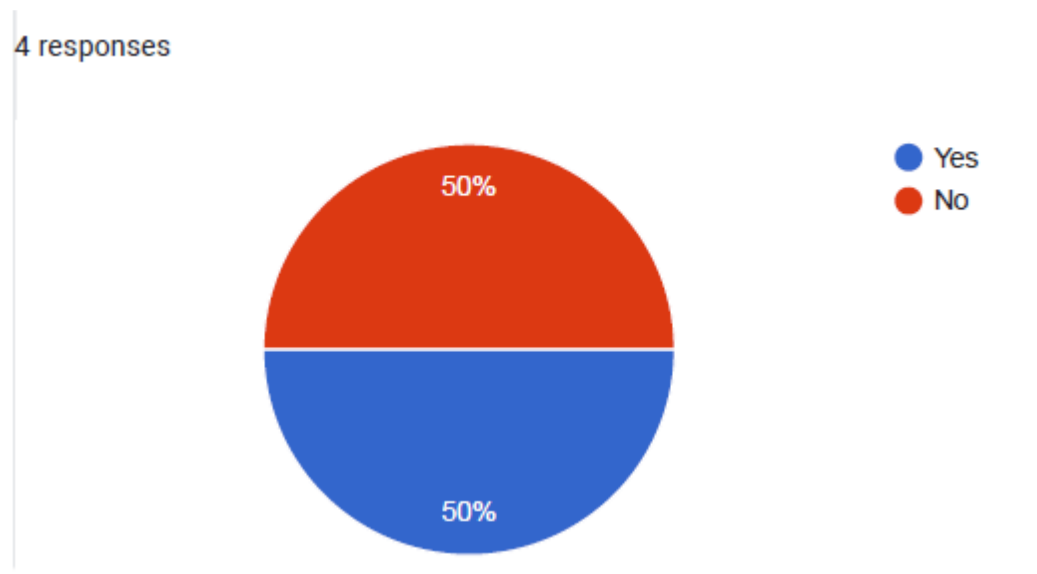
No

Yes, Marriage and Family Counseling in Turkey

Licensed Professional Counselor, USA (VA, MD, CA)

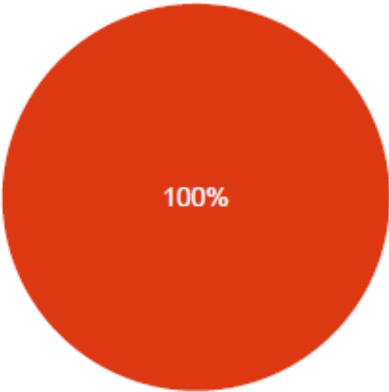
7. Are you currently employed?

4 responses



8. If yes, what type of employment setting do you work in?

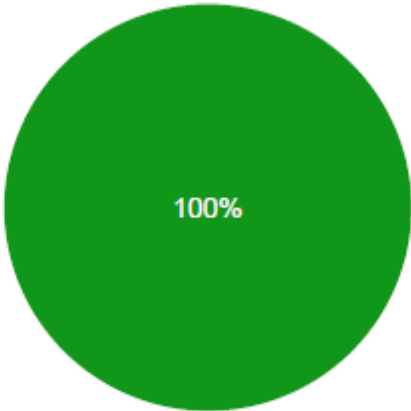
2 responses



- Academic 학교
- Clinical 임상분야
- Private Practice 상담사로 독립적으로 일을 함
- Other 기타

9. Rate your experience while in the program with a diverse and inclusive learning environment

4 responses



- Very Poor 매우 부족함
- Poor 부족함
- Good 좋다
- Very Good 매우 좋다



10. How can we improve our program in terms of a diverse and inclusive learning environment?

3 responses

지금도 충분하다.

많은 지식의 습득과 적용

To encourage students to learn about each other's cultures, religion, food, traditions etc.

11. Please provide feedback about the curriculum while you were a student in the program. (re: Academic Courses, Clinical Component)

3 responses

너무 만족하다.

좋아요

Every 2 years the school offers in-person summer intensive classes in June. I really enjoyed the rich diverse learning opportunities and experiences with classmates from many different counties, not only from different regions of US, but also Swiss, Israel, South Korea, South Africa, Denmark, etc. We did activities and gam together and learned about different cultures.

12. Please provide feedback about the program mission, goals, and student learning outcomes while you were a student in the program.

2 responses

Satisfied.

I am satisfied with the institutional mission statement, objective, and student learning outcomes.

13. Please provide feedback about the following environmental supports during the time you were a student:

A) Fiscal and Physical resources

B) Technological resources

C) Instructional and Clinical resources

D) Academic and Student Support Services

3 responses

C

All Satisfied

Overall, I felt supported. Academic and student support can be increased by meeting with students more regularly and providing more structural and in-depth state licensure advice and creating a road map to follow through the program. Also, since classes were recorded, it could be an option to buy the classes whether in bulk or individually since not everyone would want whole classes. Instructional and clinical resources, we had great resources, but instructors and TAs were not trained well on the online platform, so it created little delays.

14. Please provide any feedback you would like regarding the program.

3 responses

Satisfied.

I am very proud as a Daybreak University Alumni!

Overall, I really enjoyed the well-balanced program.

## 2.4 Exit Survey Results

- Sample

### **EXIT SURVEY FORM**

Daybreak University requests your participation in an evaluation of your experience in the program. Our goal is to improve the program and your help in this process will help ensure that future students have a useful and rewarding experience here.

If you prefer, you may schedule an exit interview by telephoning or emailing the program director for an appointment. An exit interview generally lasts about 30 minutes. Three members of the faculty will conduct the in-person exit interview in an effort to find out what has been working well and what needs to be improved.



### **ADVISING**

What did you need to know from your advisor that you did not feel informed about?  
I thought it was possible to take a long-term leave of absence, but I didn't know it was possible.

In what way(s) do you think advising can be improved?  
I wish the school rules were clearly stated.

### **CURRICULUM**

Were your courses relevant? Yes  No

Did you reassess the relevance of any course as you progressed through your degree program?

Yes  No

What was your GPA/grade/assessment?

3.51

What do you wish had been included in the major curriculum?

I wish there were more diverse psychology subjects.

What do you wish had been excluded from the major curriculum?

I hope the class schedule doesn't change.

What were the most/least valuable things you learned?

Informative and structured. Through the assignments it was possible to practice the concepts studied.

### **COMMUNICATION**

Did you feel appropriately informed of events, program policy, etc.?

Yes \_\_\_\_\_ No

If you answered "no" to the last question, why? How can we be better?

I wish the school rules were clearly stated.

### **GENERAL**

What attracted you to the degree program at Daybreak University?

Professional family therapy faculty

What were your best and worst experiences in the degree program?

Best: It was good that I could learn clinical skills.

Worst: The subject opening cycle was long, so the desired subject did not open quickly.

What were your best and worst experiences at Daybreak University?

Best: Class quality

Worst: Limitations of online classes, difficulty in inquiry process

Would you recommend this program to your friends or students?

Yes  \_\_\_\_\_ No \_\_\_\_\_

If you answered “no” to the last question, would you mind sharing why?

**CULTURE AND CLIMATE IN THE UNIVERSITY**

Do you believe that you have ever been subjected to bias or discrimination by a student, faculty, or staff member in the degree program?

Yes \_\_\_\_\_ No

If you answered “yes,” please share the detail if you feel comfortable doing so.

If ever subjected to bias or discrimination, did you know where to report the incident or how to inform others of this matter?

Yes \_\_\_\_\_ No

Did the courses in the program provide you with a broad experience/range of topics, groups, and cultures that offered you a sense of diversity?

Yes  \_\_\_\_\_ No

Does the environment in the program foster a sense of community and acceptance?

Yes  \_\_\_\_\_ No

Can you elaborate on your last answer?

[Redacted area]

### 3. Student Learning focuses on the Course Level

- Direct Measures

#### 3.1 Student Monitoring and Progress Report

## Student Monitoring & Progress Report

### MA Program

[REDACTED]
[REDACTED]
<b>Date of Review: 10/20/2023</b>

**Foundational Curriculum Areas (FCA): Coursework**

FCA 1: Foundations of Relational/Systemic Practice, Theories & Models <sup>1</sup> (2 courses min.)	In Progress (Date)	Completed (Date)	Grade
CFT 6010: Foundations of Couples and Family Therapy		Completed 2022 Winter	
CFT 7000: Counseling and Psychotherapeutic Theories and Techniques: IPCST		Completed 2021 Fall	
FCA 2: Clinical Treatment with Individuals, Couples and Families (2 courses min.)			
CFT 6030: Couples Relationship Therapy		Completed 2022 Spring	
CFT 6040: Group Therapy Process and Techniques		Completed Summer 2023	
HST 6000: Human Sexuality Education I and Sex Therapy or HST Course		Completed Spring 2021	

		HST 9500
FCA 3: Diverse, Multicultural and/or Underserved Communities <sup>3</sup> (1 course min.)		
CFT 6300: Diversity and Multicultural Counseling		Completed Summer 2021
FCA 4: Research & Evaluation <sup>5</sup> (1 course min.)		
CFT 6050: Clinical Research and Evaluation		Completed Fall 2021
FCA 5: Professional Identity, Law, Ethics & Social Responsibility & Teletherapy <sup>4</sup> (1 course min.)		
CFT 6600: Law, Professional Ethics, and Community Practice & Teletherapy		Completed Summer 2022
FCA 6: Biopsychosocial Health & Development Across the Life Span		
CFT 6090: Human Growth and Family Development Across the Life Span		Completed Winter 2022
FCA 7: Systemic/Relational Assessment & Mental Health Diagnosis and Treatment (1 course min.)		
CFT 6060: Psychopathology: Principles of the Diagnostic Process		Completed Fall 2022
FCA 8: Contemporary Issues (within courses at course min.)		
CFT 6300: Diversity and Multicultural Counseling		Completed Summer 2021
FCA 9: Community Intersections & Collaboration (within courses at course min.)		
CFT 6600: Law, Professional Ethics, and Community Practice & Teletherapy		Completed Summer 2022
FCA 10: Preparation for Teletherapy Practice (within courses at course min.)		
CFT 6600: Law, Professional Ethics, and Community Practice &		Completed

Teletherapy		Summer 2022	
Required Courses			
CFT 6020: Advanced Marriage and Family Therapy		Completed Summer 2023	
CFT 6070: Psychopharmacology & Community Mental Health Counseling		Completed Winter 2023	
CFT 6080: Assessment, Appraisal, and Psychological Testing		Completed Spring 2023	
CFT 6700: Chemical Dependency and Addiction Counseling	Fall 2023		
CFT 6700: Abuse, Trauma, and Collaborative Care	Fall 2023		
			15 courses =67.5 credits

**Foundational Practice Component <sup>2</sup>**

	In Progress (Date)	Completed (Date)	Grade
CFT 7900B: Practicum in Couples and Family Therapy		Spring 2022	
CFT 7900B: Practicum in Couples and Family Therapy		Summer 2022	
CFT 7900B: Practicum in Couples and Family Therapy		Fall 2022	
CFT 7900B: Practicum in Couples and Family Therapy		Winter 2023	
<u>CFT 7900B</u> : Practicum in Couples and Family Therapy, Or <u>CFT 7900A</u> : Advanced Practicum in Couples and Family Therapy, Or <u>an Elective course</u>		Completed Spring 2021  IRT 9400	
			5 courses = 22.5 credits
Additional Clinical Requirements			
300 Client Contact hours		344	



100 Relational hours *		129	
100 Supervision hours (Group supervision = 8 students or less, Individual = 2 students or less)		105	
50 Hours of observable data **		78	

**Student Experience with Diverse, Marginalized, and/or Underserved Communities**

Professional activities:	Description (if needed)	Date(s)
€ Therapy		04/-1/2023- 10/10/2023
€ Research		10/10/2023-
€ MFT relational/systemic supervision		04/01/2023- 10/10/2023
€ Consultation		
€ Teaching		
Other types of activities: <i>(directly related to MFT activities, and students are in interaction with members of these communities)</i>		
€ Projects		
€ Service		
€ Interviews		
€ Workshops		04/04/2023 09/11/2023
€ Other		04/10/2023- 06/12/2023

**Capstone Experience**

	In Progress (Date)	Completed (Date)	Grade

Comprehensive Exam		Spring 2023	Pass
--------------------	--	-------------	------

**MFT Developmental Competency Components**

1. Completion indicates the student is competent in knowledge of the profession.
2. Completion indicates the student is competent in the practice of therapy.
3. Completion indicates the student is competent in human diversity and social structures.
4. Completion indicates student has competent professional identity, ethics, and law.
5. Completion indicates the student is competent in research and evidence-based practice.

**Individual Student Learning Outcome Achievement:**

	Level of Achievement: (Did not meet, met, exceeded target)
SLO #1 (Knowledge): Students will demonstrate comprehensive knowledge of systems theory concepts and MFT models and techniques.	Exceeded
SLO #2 (Practice): Students will demonstrate competence in systemic/relational assessment, treatment planning, interventions, transfer, and termination.	Exceeded
SLO #3 (Diversity): Students will demonstrate human diversity and practice culturally sensitive analysis and critical self-awareness when working with a diversity of individuals, couples, and families.	Exceeded
SLO #4 (Ethics): Students will demonstrate ethical decision-making, case management, professionalism, and self-awareness in clinical practice	Exceeded
SLO #5 (Research): Students will be able to read and critically evaluate research for evidence-based application in the practice of marriage and family therapy.	Exceeded

Comments regarding additional monitoring:  
The student passed the Comprehensive exam.

**Overall Academic Progress:**

No	Requirement	In Progress (Date)	Completed (Date)
1	A completion of all required course work with a minimum grade point average (GPA) of 3.0.		In progress
2	Course with B- or below grade needs to be retaken.		N/A
3	Total of 90 credits		In progress
4	A satisfactory pass of comprehensive exam		Spring 2023
5	Practicum and internship work		Winter 2023
6	A settlement of all financial obligations with the University		N/A

**\*Relational hours:** Direct clinical contact hours in which a clinician delivers therapeutic services with two or more individuals conjointly, who share an ongoing relationship beyond that which occurs in the therapeutic experience itself. Examples include family subsystems, intimate couple subsystems, enduring friendship/community support subsystems, and residential, treatment, or situationally connected subsystems.

**\*\*Observable Data:** Includes audio, video recordings, as well as live (behind the mirror, in the room, co-therapy, reflecting teams, etc.).

Reviewer's Printed name: Hye Jin Kim	Date: 10/10/2023
Reviewer' Signature: <i>Hye Jin Kim</i>	Date: 10/10/2023
Student's Signature:	Date:10/10/2023

- Indirect Measures

### 3.2 Student Evaluation of Course Instruction Results

- Sample

Term Equal to > 2024Spring 2024-2025

Course Evaluation Evaluation (Eng)

Catalog Course CFT 6090: Human Growth and Family Development Across the Life Span

Evaluation

Please read carefully and answer honestly and thoughtfully. Your responses to these statements will provide valuable information to your instructor and the school. Circle the number that best represents your experience in this course, according to the following scale.

#### **Teaching Effectiveness**

1) The instructor was well prepared for each class.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

2) The instructor presented and explained the concepts clearly.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

3) The instructor demonstrated extensive knowledge of course content.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

4) The instructor presented competing viewpoints on course material.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

5) The instructor was transparent in recognizing his/her own limitations.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

6) The instructor showed enthusiasm for the content being taught.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

7) The instructor used various teaching methods and class activities.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

8) The instructor encouraged students to ask questions and to discuss in class.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

9) The instructor encouraged students to relate course content to real-life situations where appropriate.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

10) Are you satisfied with the instructor overall?

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

### **Interaction with Students**

11) The instructor demonstrated genuine interest in student learning.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

12) The instructor was helpful and actively concerned about student's academic needs in meeting the learning objectives of the course.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

13) The instructor was open to the perspectives of students from diverse backgrounds and experiences.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

14) The instructor was available and responsible to student inquiries outside of class (Email or online board).

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

### **Student Learning**

15) The CLOs were clearly stated and explained early in the course.

Strongly Disagree. 1 25%

Disagree. 0 0%



Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

16) Overall, I learned what this course was designed to teach (CLOs).

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

17) If you had any difficulty achieving any of the CLOs listed above, indicate which objective(s) you had difficulty achieving. Suggest what the instructor could do differently in the future.

N/A

none

N/A

The only thing I can think of was that we had to end one class before time because of poor Internet. This was fixed the class after.

### **Effectiveness of Assignments**

18) IF TESTS were given, they contributed toward accomplishing the CLOs.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

19) IF WRITTEN ASSIGNMENTS were given, the written assignments contributed toward accomplishing the CLOs.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

20) Instructor provided feedback on assignments on a timely manner.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

21) Instructor's grading practices were fair and reasonable.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 2 50%

N/A Not Applicable 1 25%

22) I would recommend this course to a friend.

Strongly Disagree. 1 25%

Disagree. 0 0%

Neutral. 0 0%

Agree. 0 0%

Strongly Agree. 3 75%

N/A Not Applicable 0 0%

### **The Course Workload**

23) Amount of reading for this course

Much Less than 0 0%

Less than 0 0%

About Average 3 75%

More than 0 0%

Much More than 1 25%

24) Difficulty of the course material

Much Less than 0 0%

Less than 0 0%

About Average 3 75%

More than 0 0%

Much More than 1 25%

### **Comments**

25) What are the strengths of the instructor?

The instructor is brilliant and enthusiastic about teaching.

Professor was very empathetic, thorough in her explaining of concepts, great listener, and extremely knowledgeable.

Her genuine interest in the views and words from students. Her great knowledge. How she gave examples from her own life and practice, how she made us feel safe.

attentiveness, attunement, openness, genuine interest, class teachings are connected to utilize in therapy sessions

26) How could the instructor improve his or her teaching?

none

The instructor is excellent.

N/A

I have no suggestions for improvements.

27) What are the strengths of the course?

I think this course gives interesting and important knowledge about how we meet different types of change and sometimes hardship.

Navigate through the different family life cycle stages, which is fundamental in family therapy.

help build a wider perspective to utilize and to view clients in different life cycle stages and

hardships that each developmental tasks require

Informative, Detailed, Relevant to degree

28) How could this course be improved?

N/A

none

I really enjoyed the course. Thank you!

N/A

29) What did you learn from this course? How did this course change you?

I opened my mind to wanting to work with Adolescents, originally this age group was not a preferred age group by me.

offered a wider perspective in seeing clients and understanding their hardships and how to help navigate in their own life cycle stages

Human growth and development.

One thing that I learned was the importance of normalization. That it often helps clients on the way when they get to know that they are not alone and the benefits of sharing and asking for support from the ones around you.

30) What are the strengths of the course materials and assignments?

Both the timeline (midterm) and the final paper helped me to see a lot of things, important both to my practice and personally.

Useful to all models and life situations. It is important to know how the brain develops at different age groups to understand how to approach different situations.

loved the textbook with the case presentations!

Self- reflection and concepts application.

31) What grade do you expect on this course?

A

Hard for me to say.

A+

A

Thank you for taking the time to share your experience!

### 3.3 Peer Review of Teaching

Please see the appendix for the documents. For details, contact the assessment office.

- Sample

#### PEER REVIEW FORM

**Objectives:** To measure educational effectiveness by means of peer evaluations of teaching using the following checklist.

<b>Instructor</b>		<b>Course</b>	CFT 6060 Psychopathology:				
<b>Evaluator</b>		<b>Date</b>	4/17/2024				
<b>Estimated number of students in the room:</b>							
<i>Mark your responses to each question and then add comments below the table.</i>							
1=Poor, 2=Acceptable, 3=Average, 4=Good, 5=Exceptional, N/A=Not applicable							
	<b>Classroom Teaching</b>	1	2	3	4	5	n/a
1	Punctually started and ended the session.					√	
2	Stated the purpose and overview of this session.					√	
3	Well prepared for this session.					√	
4	Demonstrated expertise in the subject matter.					√	
5	Displayed enthusiasm for teaching.					√	
6	Arranged the content in a systematic fashion.					√	
7	Used relevant illustrations/examples.					√	
8	Made effective use of the board and/or visual aids					√	
9	Used appropriate voice tone and non-verbal skills.					√	
10	Encouraged questions from students.					√	
11	Remained open to differing views & perspectives.					√	
12	Facilitated class discussion.					√	
13	Exercised appropriate classroom control					√	
14	Complied with a credit hour policy for course regardless of mode of delivery.						√
	<b>Teaching Materials</b>	1	2	3	4	5	n/a
15	Course topics are appropriate and current.					√	
16	Course content is at an appropriate level.					√	
17	Course outcomes are clear and appropriate.					√	
18	Course policies are clear and appropriate.					√	
19	Assignments are consistent with outcomes.					√	
20	Assignments & tests are reflective of the content.					√	

21	Complied with the assignment of a credit hour to determine the reliability and accuracy of the assignment and process.					√	
22	Grading rubrics are employed to aid students.						√
<b>Comments</b>							
<p>The instructor helped students understand the concept of psychopathology. Not only that, but the instructor also provides students with the latest research material to study the various aspects of psychopathology seen in the clinical setting, helping them to understand pathology from different perspectives. In addition, the instructor's creativity stands out in that the curriculum integrates theory and practice by asking students to apply what they have learned in related courses to clinical situations in the final project.</p>							